

November 2025

Monday	Tuesday	Wednesday	Friday
3	4	5	7
Parmesan Cod Rice Pilaf Peas and Carrots Lemon Bar	Beef Broccoli Yakisoba Celery/Cabbage/Onion Kyoto Vegetables Cookie	Chicken Waldorf Salad Apples/Craisins/Celery Onion & Almonds Roll Pumpkin Dessert	Reuben Bowls Corned Beef/Rye Bread/Swiss Cheese/1000 Island Dressing Potatoes Brownie
10	11	12	14
Sausage Gravy Biscuit Scrambled Egg Fruit Cup	 Center Closed	Calzone Caesar Salad Pudding	Shepherd's Pie Mashed Potato top Vegetable Roll Strawberry Pretzel Bar
17	18	19	21
Stuffed Cabbage Rolls Brown Rice Vegetable Yogurt with Berries	Lentil Soup with Spinach ½ Ham Swiss toasted sandwich Apple Crisp	Sloppy Joe Potato Wedges Salad Cookie	Egg Salad Sandwich Macaroni Salad Chips Pudding
24	25	26	28
Chicken Quesadilla Sour Cream/Salsa Rice Fruit	Harvest Salad Roll Pumpkin Bread	<u>Thanksgiving Dinner</u> Turkey Stuffing Mashed Potatoes/Gravy + Roll Pie	 Center Closed



Lunch is served at the Community Center on Mondays. Tuesdays, Wednesdays and Fridays at 12:00 pm.
 Donations (\$3.50 for those 60 and over and \$4.25 for those under 60) are encouraged but not required.
 Menu subject to change due to availability of supplies and produce.

Please note: there will be no HDM on Tuesdays. Meals are subject to change.