

July 2026

Monday	Tuesday	Wednesday	Friday
		1	3
		<p>Hot Dog Baked Beans Chips Lemon Bar</p>	
6	7	8	10
<p>Spaghetti and Meatballs Green Beans Garlic Toast Cookie</p>	<p>Smoked Turkey & Herb Cream Cheese Wrap Lettuce/Tomato Chips Brownie</p>	<p>BBO Chicken Salad Black Beans/Corn/Cilantro Tomatoes/Cheese/Tortilla Strips Ranch Dressing Congregate-Cupcakes</p>	<p>Cheeseburger Lettuce/Tomatoes/Onion WW Bun Macaroni Salad Chips Fruit</p>
13	14	15	17
<p>Stuffed Peppers Brown Rice Chuckwagon Vegetable Jello</p>	<p>Hawaiian Pizza Caesar Salad Ice cream cup</p>	<p>Chicken Caprese Salad Mozzarella/Tomatoes Balsamic Vinaigrette Dressing Roll Cookie</p>	<p>Italian Focaccia Sandwich Ham, Turkey, Salami Provolone Chips Tropical Fruit Salad</p>
20	21	22	24
<p>Chicken Cordon Bleu Rice Pilaf Green Beans Pudding</p>	<p>Fish and Chips Coleslaw Ice Cream Sandwich</p>	<p>Ham and Swiss Cheese Croissant Tomato/Lettuce Chips Watermelon</p>	<p>Crispy Chicken Burger with lettuce & tomato Fries Cookie</p>
27	28	29	31
<p>Quiche Fresh Biscuit Fruit Muffin</p>	<p>Tacos Lettuce/Tomato/Cheese Sour Cream/Salsa Rice/Beans Coleslaw Yogurt with Berries</p>	<p>Tuna Salad Sandwich Rye Bread Pea Salad Chips Melon</p>	 <p>Chef's Choice!</p>

Lunch is served at the Community Center on Mondays. Tuesdays, Wednesdays and Fridays at 12:00 pm. Donations (\$3.50 for those 60 and over and \$4.25 for those under 60) are encouraged but not required. Menu subject to change due to availability of supplies and produce.

Please note: there will be no HDM on Tuesdays. Meals are subject to change.