

August 2026

Monday	Tuesday	Wednesday	Friday
3	4	5	7
 Lasagna Green Beans Garlic Bread Chocolate Pudding	Beef Yakisoba Cabbage/Green Onion/Shredded Carrot Egg Roll Cobbler 	Chicken Pasta Salad Artichokes/Tomatoes Olives/Salami/Parmesan Breadstick Cookie	Chipotle Bowl Chicken/Rice/Corn Guacamole/Cheese/Sour Cream Tortilla Strips Lemon Bar
10	11	12	14
Orange Chicken with rice Fruit Kyoto vegetables	Salmon Caesar Salad Tomato Wedge Roll Ice Cream cup 	Asian Chicken Salad Cabbage/Celery/Green Onion/Chow Mein Noodles Mandarin Oranges Roll Cake/Berries	Cheeseburger Lettuce/Tomato/Onion Pickles Potato Wedges Melon
17	18	19	21
Wild Rice Soup Turkey Sandwich Lettuce/Tomato/Provolone Fruit	Shrimp Salad Egg/Tomato/Blue Cheese Crumbles Roll Lemon Bar	Fajitas Chicken/Peppers Onion Tortilla Salsa/Sour Cream Rice Cookie	Fish and Chips Tartar Sauce Coleslaw Yogurt/Berries 
24	25	26	28
Chicken Cordon Bleu Rice Pilaf Vegetable Jello 	Tuscan Chicken Wrap Chicken/Sun Dried Tomatoes/Spinach Mozzarella Cup of Soup Ice Cream Bar	Egg Salad Sandwich Celery/Onion/Red Pepper Carrot Salad Chips Melon	Chili Dogs Onions/Cheese WW Bun Green Salad Chips Brownie 
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Philly Cheesesteak Sandwich Onions/Peppers Mozzarella Potato Salad Peaches			

Lunch is served at the Community Center on Mondays. Tuesdays, Wednesdays and Fridays at 12:00 pm. Donations (\$3.50 for those 60 and over and \$4.25 for those under 60) are welcome but not required. Menu subject to change due to availability of supplies and produce.

Please note: there will be no HDM on Tuesdays. Meals are subject to change.