

SEPTEMBER - DECEMBER 2026

# WILSONVILLE ACTIVITY GUIDE

COMMUNITY PROGRAMS | SPECIAL EVENTS | FACILITY RENTALS

*Registration opens  
August 3  
Register before  
September 1 to get  
a 10% discount on  
all classes and  
programs*

*Register for classes at  
[WilsonvilleParksandRec.com/register](https://WilsonvilleParksandRec.com/register)*



WILSONVILLE  
PARKS & RECREATION



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U.S. POSTAGE PAID ECRWSS  
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WILSONVILLE, OR  
POSTAL PATRON  
ECRWSS

# REGISTRATION INFORMATION

**REGISTER ONLINE AT [WILSONVILLEPARKSANDREC.COM](http://WILSONVILLEPARKSANDREC.COM)**

## **REGISTRATION INFORMATION**

- Participants may register online, in person, or by mail with cash, check, or card.
- Phone registrations accepted only when specified in course description.
- A minor may only be registered by their parent or legal guardian.
- Registrations are accepted on a first-come, first-served basis.
- Classes may be cancelled due to low enrollment up to one week in advance, those registered will be notified via phone and/or email.
- We strongly encourage participants to register early in order to avoid class cancellations.

## **REFUNDS & CANCELLATIONS**

- 100% refund if the City of Wilsonville cancels the class.
- Prior to the first class, you may request a 100% refund minus a \$5.00 administrative fee.
- One week's notice of cancellation is required in order to receive a refund for a summer camp. If notified within less than week, a credit will be issued.
- After the first session of a class, you may request a credit for a future class minus a \$5.00 admin fee.
- After the second session of a class, credits for a future class may be granted only for illness or medical reasons (at the discretion of the Director), no refunds will be given.
- Credits are non refundable once issued and must be used prior to June 30 of the same year.
- All community programs follow Wilsonville/West Linn School closures. If the schools are closed due to inclement weather, scheduled community classes and events will be cancelled.

## **INCLUSION STATEMENT**

The City of Wilsonville strives to make programming options available to all of our citizens. If you require special accommodations to participate, please call 503-783-PLAY. The City will try to make reasonable accommodations to assist you. Please contact us two weeks prior to the start of the program so we can evaluate your request.

## **PARKS AND RECREATION ADVISORY BOARD**

Amanda Aird, Bill Bagnall, Kristi Corno, Paul Diller,  
Keith Gary, Amanda Harmon, John West

Can you find all 10  
hidden cats in this  
guide?



**WILSONVILLE**  
**OREGON**

**CONTACT US:**  
ADMIN OFFICE 503-783-7529  
COMMUNITY CENTER 503-682-3727

[PARKSANDREC@WILSONVILLEOREGON.GOV](mailto:PARKSANDREC@WILSONVILLEOREGON.GOV)  
[COMMUNITYCENTER@WILSONVILLEOREGON.GOV](mailto:COMMUNITYCENTER@WILSONVILLEOREGON.GOV)

**ADMINISTRATIVE OFFICES**  
29600 SW PARK PLACE

**COMMUNITY CENTER**  
7965 SW WILSONVILLE ROAD

## Special Events

*Harvest Festival*  
*Community Tree Lighting & Holiday Toy Drive*  
*Letters to Winter Wonderland*  
*Civics Academy*  
*SMART Holiday Trolley Rides*  
*Las Posadas*

## Youth Programs

*Soccer Shots*  
*Play-Well*  
*Webby*  
*Mini Hoopers Basketball*  
*Kidokinetics & Skyhawks*  
*Art Classes*  
*SMART and Library Services*

## Adult Programs

*Oil Painting*  
*Stained Glass*  
*Seasonal Programs*  
*Fitness Classes*  
*Yoga*  
*Sound Meditation*

## Adult & 55+ Programs

*Tai Chi + Qi-Gong*  
*Healthy Bones and Balance*  
*Ongoing Activities*  
*Art Classes*  
*AARP Smart Driver*  
*Sit, Stand and Be Fit*  
*Nutrition Program and Social Services*  
*Resource Groups*

# Facility Rental Opportunities

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Are you looking for a venue for your next gathering? Wilsonville Parks and Recreation has a variety of facilities available for rent. Whether it's a company party, wedding, family reunion, or a business meeting, we can help you find the facility to best suit your needs. The shelter season runs mid-April through mid-October.

## **Stein-Boozier Barn**

The Stein-Boozier Barn is a rustic barn located in Murase Plaza with a main gathering space of 1,325 square feet.

Amenities include 14, 60" round tables, 96 folding chairs, a 18 cu/ft refrigerator, and a 10' bar with a sink. The patio in front of the barn contains terraced basalt stone seating with the back of the barn looking out to Boeckman Creek. Both the front and rear sliding doors can be opened.

Max Capacity = 96

Weekend rentals include a 1/2 day before and a 1/2 day after.

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For more information, please call: 503-570-1530  
or visit [WilsonvilleParksandRec.com/rentals](http://WilsonvilleParksandRec.com/rentals)

## Parks and Recreation Facility Rentals



### The River Shelter

The River Shelter at Memorial Park sits in the southwest corner of the park near the Willamette River.

Amenities include: electricity, water, 16 picnic tables, cornhole boards, and a large private grassy area suitable for lawn games.

Max Capacity = 200

## OTHER RENTALS:

### Memorial Park

- Forest Shelter (Max = 150)
- Sports Fields (Max = varies)

### Murase Plaza

- Stein-Boozier Barn (Max = 96)
- Grove Shelter (Max = 48)
- Splash Shelter (Max = 20)

### Boones Ferry Park

- Tauchman House (Max = 40)

### Indoor Spaces

- Community Center (Max = 150)
- Mt. Hood Meeting Room (Max = 20)



## ADDRESSES:

### Administrative Office

29600 SW Park Place (Mt. Hood Room)

### Community Center

7965 SW Wilsonville Road

### Memorial Park

Entrance at 8300 Memorial Drive

### Parks Operation Building

29796 SW Town Center Loop East

### Murase Plaza

Entrance at 8100 Memorial Drive

### Tauchman House

31240 SW Boones Ferry Road

**Special  
Events**

**Saturday, October 24  
10 am - 1 pm**



# Harvest Festival

**Celebrate the season with free pumpkins,  
live music & craft vendors!**

Stein-Boozier Barn  
Murase Plaza

For more information, please visit:  
**[WilsonvilleParksandRec.com/Harvestfest](http://WilsonvilleParksandRec.com/Harvestfest)**



# Wilsonville Winterfest



Sponsored by:



## Tree Lighting Event

**December 3 | 5 pm | Town Center Park**

Join Wilsonville Parks and Recreation for the annual tree lighting ceremony. There will be hot cocoa, choir performances, pictures with Santa, a 'Letters to Winter Wonderland' station, a storytime with the Wilsonville Public Library and Trolley viewing and photos with SMART Transit.

## Toy Drive & Senior Stockings

**Nov. 3 - Dec. 8 | M-F 8 am-5 pm | Community Center**

**Toy Drive:** Drop off new, unwrapped toys for kids in need this holiday season. Toys will be donated to the Wilsonville Family Empowerment Center and Clackamas County Compassion in Action.

**Stockings:** Donate a stocking for a senior this holiday season. Items needed include snacks, games, personal hygiene items, etc.

## Letters to Winter Wonderland

**Nov. 30 - Dec. 17 | M-F 8 am-5 pm | Parks and Rec Admin Office**

A 'Letters to Winter Wonderland' station and templates will be available at the Parks and Rec Admin Office from November 30 through December 17. Turn in your letter with a return address by December 17 and receive a reply from Winter Wonderland.

For more information, please visit:  
[WilsonvilleParksandRec.com/Winterfest](http://WilsonvilleParksandRec.com/Winterfest)



# 2027 Civics Academy



Applications open September 21 at 9 am

Discover how your local government works and how you can get involved. Connect with City staff, elected officials, and fellow residents while gaining the knowledge and skills to become a more informed civic leader. Applications close October 30 at 5 pm or when the program reaches capacity.

## Interested in Joining the 2027 Civics Academy?

Learn more about the program and apply at [wilsonvilleoregon.gov/residents/page/wilsonville-civics-academy](http://wilsonvilleoregon.gov/residents/page/wilsonville-civics-academy)

## Supporting High School Arts Programs

42nd Annual

# 2026 WILSONVILLE FESTIVAL of the ARTS

FINE ART GALLERY  
STUDENT ART GALLERY  
ARTISAN GIFT SHOW  
CHILDREN'S ART WORKSHOPS  
OPENING NIGHT GALA  
& SILENT AUCTION

Charbonneau Country Club  
32000 SW Charbonneau Dr  
Wilsonville, OR 97070

@ CHARBONNEAU

*Arts with Flair*

Fri Oct 9: 4:00-9:00 pm

Sat & Sun Oct 10-11: 10:00 am-4:00 pm

in partnership with



CHARBONNEAU  
Country CLUB

[WWW.CHARBONNEAUARTS.ORG](http://WWW.CHARBONNEAUARTS.ORG)

Charbonneau Arts is a 501(c)(3) non-profit organization. All proceeds from our annual festival benefit the arts programs at Wilsonville and Canby High Schools.

# Holiday Trolley Ride & Photos with Santa

Wilsonville Transit Center  
9749 SW Barber, Wilsonville

December 9 & 10, 2026

 6-7 pm – Photos with Santa

 Holiday Lights Trolley Ride (Registration Required)

Register at [WilsonvilleParksandRec.com/Register](https://WilsonvilleParksandRec.com/Register)

December 9

7 pm | Course #: 12037

7:30 pm | Course #: 12038

December 10

7 pm | Course #: 12039

7:30 pm | Course #: 12040

Bring your family and friends to celebrate a festive evening of holiday fun!

**SMART**  
SOUTH METRO AREA REGIONAL TRANSIT



Title Sponsor:



Silver Sponsor:



## Las Posadas

Friday, December 18 | 5-7 pm

Wilsonville Public Library

8200 SW Wilsonville Rd, Wilsonville, OR 97070

A free, family-friendly event presented by the City of Wilsonville's Diversity, Equity, and Inclusion Committee with funds generously provided by local community partners.

# Youth Programs

## Soccer Shots

Register at [SoccerShots.com/pdx](https://SoccerShots.com/pdx)



Soccer Shots is a nationally recognized youth soccer program focused on building confidence, character, and fundamental soccer skills for children 2-8 through fun, age-appropriate instruction. Our classes blend high-energy activities, imaginative play, and an encouraging learning environment led by trained, caring coaches.

**\*Class price does not include the \$35 annual enrollment fee\*.** This fee is charged once per year, and covers all enrollments across our four seasons. This fee includes your child's Soccer Shots jersey, shipping, entry into Orangefest, our end-of-season jamboree, and Trunk or Treat celebrations. We proudly offer scholarships for families in need and early bird pricing each season to help make our program more accessible.

**Fall Saturday Dates:** Sat. 9/12 - 11/14

**Cost:** \$225\* (mini) \$235\* (classic) \$245\* (premier)

**Location:** Wilsonville Memorial Park - by skatepark

| Section: | Age: | Time:             |
|----------|------|-------------------|
| Mini:    | 2-3  | 9-9:30 am         |
| Classic: | 3-4  | 9:45-10:20 am     |
| Classic: | 4-5  | 10:35-11:15 am    |
| Premier: | 5-7  | 11:30 am-12:15 pm |

**Fall Tuesday Dates:** Tues. 9/8 - 11/10

**Cost:** \$225\* (mini) \$235\* (classic) \$245\* (premier)

**Location:** Palermo Park (Villebois)

| Section: | Age: | Time:        |
|----------|------|--------------|
| Mini:    | 2-3  | 3:30-4 pm    |
| Classic: | 3-4  | 4:10-4:45 pm |
| Classic: | 4-5  | 4:55-5:35 pm |
| Premier: | 5-7  | 5:45-6:30 pm |



## PLAY-WELL TEKNOLOGIES



*"We use the power of play and LEGO-inspired engineering to teach kids about STEM."*

### Thanksgiving Day Parade using LEGO® Materials

Ages 7-12 | Fri. November 6 | 9am-12pm | Mt. Hood Room | \$40 | Course #: 12020

Join us this Fall as we fashion our very own LEGO® Thanksgiving Day Parade, inspired by the iconic event! Participants will design and build their own parade floats using LEGO® while learning important engineering concepts and exploring their creativity along the way. This workshop wouldn't be complete without a parade through our very own LEGO® city so grab your spot along the parade route now!

### Winter Wonderland using LEGO® Materials

Ages 7-12 | M-W December 28-30 | 9am-12pm | Mt. Hood Room | \$120 | Course #: 12021

Get ready for the deep freeze this winter in this 3 day mini-camp! Apply concepts in engineering and architecture to brave the challenges of winter weather. Design and build motorized contraptions such as snowplows, gondolas, and a snowball launcher with the guidance of an experienced Play-Well instructor and tens of thousands of LEGO® pieces.



WEBBY DANCE COMPANY

# DANCE & GYMNASTICS COMBO CLASSES

**Thursdays 9/17 – 11/5**

**4:30 – 5pm | Ages 2 – 5 | Course # 12027**

**5:15 – 6pm | Ages 5 – 8 | Course # 12028**

**Wilsonville Community Center**

**\$175/per session**



In our Combo Class, we work on strengthening exercises, retaining choreography, across the floor and energetic dance combinations. Our classes incorporate over 300 choreographed dance routines along with age appropriate music. Included in our classes are a variety of creative props such as pom-poms, maracas, tambourines, leis and much more. We also work on gymnastics stations that include the mini-trampoline, balance beam, tunnel, cartwheel block, and more! We work on more extensive tumbling, strength building and balance training. Progression in flexibility, memorization and gymnastic skills!



## Mini Hoopers

*1st & 2nd Grade Basketball*

**Registration Deadline  
Sept. 25, 2026**

Mini Hoopers is a first and second grade basketball program organized by Wilsonville Parks and Recreation and led by volunteer parent coaches. The 2026 season will run from Monday, October 19 through Saturday, December 12. Sections of the program will include: 1st grade boys, 2nd grade boys, and 1st and 2nd grade girls (combined). Practices will take place one night per week at local schools with games on Saturday mornings, as well as one weeknight game.



Interested in being a **volunteer coach**? Fill out the volunteer form by scanning the QR code. Background checks will be run on those selected to coach.

**1st & 2nd Grade Girls  
Course #: 11999**

**1st Grade Boys  
Course #: 12000**

**2nd Grade Boys  
Course #: 12001**

*Learn more at [WilsonvilleParksandRec.com/MiniHoopers](https://www.wilsonvilleparksandrec.com/MiniHoopers)*

# Kidokinetics®

Movement for fun. Skills for life.™

# Fall Programs

in Memorial Park



Tennis, pickleball, and badminton teaches hand-eye coordination, accuracy, flexibility, balance, endurance, coordination, and speed.

**Mondays • 3:15 - 4 p.m.**

**Sept. 21 - Oct. 26**

Ages 5-8 • 6 wks. • \$140

Course #: 12033



Basketball, lacrosse, jai alai, and hockey in one action-packed day-off experience; honing athletic skills while having a blast with friends.

**No School Fun Day**

**Sept. 25 • 9 a.m. - 12 p.m.**

Ages 5-8 • \$65

Course #: 12034



Football, lacrosse and frisbee in one action-packed day-off experience; honing agility and accuracy while having a blast with friends.

**No School Fun Day**

**Oct. 16 • 9 a.m. - 12 p.m.**

Ages 5-8 • \$65

Course #: 12035



**Register at [Skyhawks.com/Register](https://skyhawks.com/register)**

## Basketball

**Dates:** Thurs. 9/10 - 10/15

**Time:** 4-5pm

**Ages:** 6-9

**Cost:** \$99

**Location:** Memorial Park Basketball Court

## Pickleball

**Dates:**

Session I: Sat. 9/12 - 10/17

Session II: 10/24-11/21

**Time:** 9-10am

**Ages:** 6-9

**Cost:** \$99

**Location:** Memorial Park Pickleball Courts

## Hoopster Tots

**Dates:** Tues. 9/8 - 10/13

**Cost:** \$99

**Location:** Memorial Park Basketball Court

### SECTION:

Grasshoppers  
Froggies  
Kangaroos

### AGE:

2-3.5  
3-4.5  
4-5

### TIME:

4-4:40 pm  
4:50-5:30 pm  
5:40-6:20 pm

## Baseball Tots

**Dates:** Sat. 9/12-10/17

**Cost:** \$99

**Location:** Palermo Park, Villebois

### SECTION:

Batters  
Hitters  
Homers

### AGE:

2-3.5  
3-4.5  
4-5

### TIME:

9-9:40 am  
9:50-10:30 am  
10:40-11:20 am

## Girls Flag Football- No School Day

**Dates:** Fri. 9/25

**Time:** 9am-12pm

**Ages:** 8-14

**Cost:** \$99

**Location:** Memorial Park Soccer Field 3





# One River School of Art & Design

## Art Classes for Children, Teens & Adults

### Tuesday Classes | 9/15-11/3

#### **Art Shuffle (Ages 5 -7) | 4-5pm | \$370 | Course # 12010**

Our core kids art program allows students to become well-rounded artists by shuffling projects across a variety of media and subject matter. One River School's innovative curriculum inspired by contemporary artists stimulates their imagination and helps them develop essential skills in a fun classroom environment. Students will do a variety of projects while learning about different artists. Each week's curriculum is pre-planned and projects might include: sculpting a realistic donut, painting yourself as a Chibi character, creating a camouflaged animal in their habitat, and using acrylic paint for a nature scape – just to name a few!

#### **Art Shuffle (Ages 8 -12) | 5:15-6:15pm | \$370 | Course # 12011**

Our core kids art program allows students to become well-rounded artists by shuffling projects across a variety of media and subject matter. One River School's innovative curriculum inspired by contemporary artists stimulates their imagination and helps them develop essential skills in a fun classroom environment. Students will do a variety of projects while learning about different artists. Each week's curriculum is pre-planned and projects might include: creating a vibrant chalk pastel drawing of an animal while learning color blending or using pencils, sharpies and a ruler to design an optical illusion block letter, – just to name a few!

#### **Art Shuffle (Ages 13 -17) | 6:30-8pm | \$425 | Course # 12012**

Our core kids art program allows students to become well-rounded artists by shuffling projects across a variety of media and subject matter. One River School's innovative curriculum inspired by contemporary artists stimulates their imagination and helps them develop essential skills in a fun classroom environment. Students will do a variety of projects while learning about different artists. Each week's curriculum is pre-planned and projects might include: creating a glowing figurative portrait while learning about contrast, color and how to convey light, designing and drawing a picture of your own vending machine, discovering watercolors to tell a short story of a critter evolving and changing, and creating cartoon character drawings – just to name a few!

### Wednesday Classes | 9/16 - 11/4

#### **Kids Focus on Cartooning (Ages 8 -12) | 5:30-6:30pm | \$370 | Course # 12013**

This class is designed for students in Grades 3-5 who want to learn the fundamentals of cartooning and illustration through fun projects that stimulate their imagination. Students draw inspiration from cartoonists and illustrators from around the world as they develop their own cartooning style. Compelling projects explore character design, comic-book creation and help students develop dynamic storylines. Teacher-led demos teach students how to use illustration markers, brush pens/fine liners, and watercolors. Students create artwork that showcases original characters in their own cartooning style.

#### **Teen Focus on Manga (Studio) (Ages 13 - 17) | 6:45-8:15pm | \$425 | Course # 12014**

Students will draw inspiration from the world's best Mangaka and Animation studios to create unique works of art. This class uses manga/anime as a way to explore fine art techniques to advance students' skills in drawing, painting & sculpture. Students can expect to explore figure proportions, gesture drawings, facial expressions, character design, and rendering techniques. Compelling projects explore the principles of art and design, through Japanese art & animation. Teacher-led demonstrations provide students with technical instruction in the use of watercolor, pen & ink, illustration markers, and sculptural materials. Discover how to apply Manga & Anime concepts to the fine art realm.

### Thursday Classes | 9/17-11/5

#### **Intro to Studio Art for Adults (Ages 18+) | 6:30-8:30pm | \$430 | Course #: 12015**

Looking to grow your art skills or reconnect with your creative side? This guided, curriculum-based class is the perfect place to start. Each month long project is designed to help you explore materials, learn essential techniques, and build confidence –step by step. Explore drawing, painting, and mixed media with hands-on guidance. Learn new techniques with every project. Relax, recharge, and create in a welcoming community of like-minded adults.

**All classes are held at the Wilsonville  
Community Center**

**ONE RIVER**  
SCHOOL OF ART + DESIGN  
LAKE OSWEGO - OREGON

# Be Seen. Be SMART.



## Brighten Up With Lights & Reflectors

AVAILABLE MONDAY NOV 2

WILSONVILLE

TRANSIT CENTER

Customer Service Center

**6-8 AM**

and

WEDNESDAY NOV 4

TOWN CENTER PARK

**4-6 PM**

*while supplies last*



Metro

Made possible with support from Metro and the Federal Transit Administration. / Hecho posible con el apoyo de Metro y la Administración Federal de Tránsito.

## Bike Rodeo

Friday, September 25

## Rodeo en Bicicleta

Viernes, 25 de septiembre

**FREE**

**GRATIS**

Practice your bike skills!  
'Strider bikes' are also  
welcomed to  
participate.

Decorate your bike or  
helmet

Bike checks and minor  
repairs

Wilsonville Public  
Library

3 - 5pm

¡Practica tus  
habilidades con la  
bicicleta!

Decora tu bicicleta o  
tu casco.

Revisiones de  
bicicletas y  
reparaciones  
menores

**SMART**  
SOUTH METRO AREA REGIONAL TRANSIT



Metro



WILSONVILLE  
PUBLIC LIBRARY

Made possible with support from Metro and the Federal Transit Administration.  
Hecho posible con el apoyo de Metro y la Administración Federal de Tránsito.

# WILSONVILLE PUBLIC LIBRARY



8200 SW WILSONVILLE RD.  
WILSONVILLE OREGON, 97070  
503-682-2744  
WILSONVILLELIBRARY.ORG



Come explore the Wilsonville Public Library! We provide a wide variety of services for Wilsonville area residents and businesses. Our mission is to serve as a reference and resource center for practical information needs, lifelong learning, and entertainment.

Our collection comprises over 100,000 items in many formats, supplemented by local and far-reaching electronic resources, professional services, and a friendly, knowledgeable staff with a commitment to top-quality service.

Free library cards are available to all Clackamas County citizens served by the Library District of Clackamas County. Preferred ID is a valid driver's license with current address, but residents may also provide other photo ID and proof of current address.

## LIBRARY YOUTH PROGRAMS

### Baby Storytime

Baby Storytime is 15 minutes of stories, songs, rhymes, bounces, early learning fun and community, followed by 20 minutes of playtime! Recommended for babies from birth to 18 months or prewalkers with their grown up.

Ages: Birth to 18 months  
Dates: Tues. 9/01-12/15  
Time: 12:15-12:45pm  
Location: Oak Room and YouTube  
Cost: No Charge

### Family Storytime

Presenting favorite stories with our own zany and creative blend of storytelling including early learn fun. Interactive storytime recommended for children 3-5 years with their grown-up.

Ages: Ages 3+  
Dates: Wed. and Thurs. 9/02-12/17  
Time: 10:30-11am  
Location: Oak Room and YouTube  
Cost: No Charge

### Play Group

Drop-in program for kiddos to play with a variety of toys as well as socialize with the under 6 years crowd. Recommended for children birth-6 years with their grown-up.

Ages: Birth to 6 years with their grownups  
Dates: Fri. 9/4-12/11  
Time: 10:30am-12pm  
Location: Oak Room  
Cost: No Charge



### Toddler Time

Youth Services Librarians shake it up with engaging songs, stories and play for your toddler. Interactive storytime recommended for toddlers ages 1-3 years with their grown-up.

Ages: 1-3 years  
Dates: Tues. 9/01-12/15  
Time: 10:30-11:00am  
11:15-11:45am  
Location: Oak Room and YouTube  
Cost: No Charge

# LIBRARY YOUTH PROGRAMS

## Spanish Storytime | Hora de Cuentos

Adventures in Spanish will present stories and songs in Spanish for children and their grown-ups. The half hour program is recommended for ages 0-5 years.

Adventures in Spanish/Aventuras en Español] presenta cuentos y canciones en español para niños y sus adultos. Este programa de 30 minutos se recomienda para niños de 0-5 años

Ages: Ages 3 and up

Dates: 2<sup>nd</sup> Sat. of the month (9/12, 10/10, 11/14, 12/12)

Time: 11:00am-12:00pm

Location: Oak Room

Cost: No Charge

## 1,000 Books Before Kindergarten

Foster a lifelong love of reading and bolster kindergarten readiness! Read a book (any book) to your newborn, infant, and/or toddler. The goal is to have read 1,000 books before your child starts kindergarten. Paper logs are available at the library, or you can download one from our website:

**[wilsonvillelibrary.org/1KBK](http://wilsonvillelibrary.org/1KBK)**

## Dolly Parton's Imagination Library

Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to Wilsonville resident children from birth to age five, no matter their family's income. Every month a new book arrives in the mail that the child can keep forever. Families can register on the Imagination Library website, or at the library. Find out more at: **[wilsonvillelibrary.org/DPIL](http://wilsonvillelibrary.org/DPIL)**

## Heart Strings Mandarin

Children 7 years and younger along with their parents are invited to an Early Childhood Mandarin Music and Movement Class, taught by Heart Strings Mandarin! Come play with instruments, listen to stories, and learn some Mandarin in a fun, play based environment.

Ages: Birth - 7 years with their grownups

Dates: 3<sup>rd</sup> Sat. of the month (9/19, 10/17, 11/21, 12/19)

Time: 11:00-11:30am

Location: Oak Room

Cost: No Charge

### Get email reminders for Kids Programs

Sign up for email reminders of every special library event for kids. Register through the library website at

**[wilsonvillelibrary.org/subscribe](http://wilsonvillelibrary.org/subscribe)**

# LIBRARY TEEN PROGRAMS

Teen programs are free and open to students in grades 6-12.

## Teen Advisory Board

The Teen Advisory Board (TAB) is a group of 6<sup>th</sup> through 12<sup>th</sup> graders who meet to:

- Plan future programs and events for teens
- Run fun, dynamic, and educational programs and events
- Hang out, eat, and have fun
- Help choose books, music, and movies for the library to buy
- Help make the teen space a comfortable and attractive place to hang out
- Earn volunteer hours and experience for the future

If you're interested, send us an email or call Brad at 503-570-1592, or just show up at our next meeting

## Teen Murder Mystery Event & Costume Contest

The 24<sup>th</sup> Annual Teen Murder Mystery & Costume Contest returns to the library on Friday, Oct. 23, from 7-9pm! Mark your calendars for one of our most popular events. Prizes for best costumes AND most accurate murder mystery solutions!

## Teen Drop-In Events

**Each Wednesday from 3-6pm, from Sept. 2-Dec. 16**

Stop by the teen area on Wednesdays anytime between 3-6pm. Each week, snacks, prizes, giveaways, video games, movies, board games, music and more activities will be available. This programs is for teens.

We'll also have a special quarterly event just for you! Check our website for the latest updates.

Better yet, join the Teen Advisory Board (TAB) and have your say in teen programs at the library. All programs are free.

**[wilsonvillelibrary.org/teens](http://wilsonvillelibrary.org/teens)**

### Teen E-mail List

Want to come to an event, but need a little reminder? Send us an e-mail at **[teens@wilsonvillelibrary.org](mailto:teens@wilsonvillelibrary.org)** to get added to our eNews list. Or become a Facebook friend of "Wilsonville Library" to get event updates!

# LIBRARY ADULT PROGRAMS

## Adult Murder Mystery Event

Come in costume for this annual event for adults in October! Prizes for solving the mystery and best costume. Light snacks and non-alcoholic beverages will be served. More details available at: [wilsonvillelibrary.org/mystery](http://wilsonvillelibrary.org/mystery).  
*Saturday, Oct. 24, 7-9pm.*

## Book Notes Concerts

The library stacks are alive with the sound of music! Join us for free concerts by local musicians by the large picture windows. Sponsored by the Friends of the Wilsonville Library.

*Concerts on the 2<sup>nd</sup> Saturday of the month, from 2-3pm in the library.*

## Genealogy Club

Join a growing group of genealogists of all levels from the Wilsonville area to discuss genealogy tips, tricks, and research. These discussions are informal in nature and are moderated by Librarian Malia. New members welcome!

*Meets on the 3<sup>rd</sup> Monday of the month, from 1-2:30pm in the Oak Room.*

## Intermediate English Class

Free intermediate English classes at the library in an informal class setting. This is a beginning English class, but anyone wanting to improve their English may attend. Drop in!

*Meets weekly on Tuesdays from 10-11:30am in the Rose Room.*

## ODHS Drop-In Assistance

Need assistance paying for food or child care? Are you looking for health coverage? ODHS (Oregon Department of Human Services) may be able to help you! Meet a representative at the library.

*Meets weekly on Tuesdays from 10am-12pm & 1-3pm in the Rose Room.*

## Tabletop Game Nights

Laughter, strategy, and friendships are just a game away at this monthly event. Come unwind, enjoy some snacks, and discover new friends over classic and modern board games.

*Games on the 3<sup>rd</sup> Thursday each month from 6-7:30pm in the Oak Room.*



## Get email reminders for Adult Programs

Sign up for email reminders of every special library event for adults.

Register through the library website at [wilsonvillelibrary.org/subscribe](http://wilsonvillelibrary.org/subscribe)

Find out about more programs and get updates: [www.wilsonvillelibrary.org](http://www.wilsonvillelibrary.org)

## Profiles

These free talks explore the people, places, and events that shape our lives, our world, our universe. Presented by Dr. Bill Thierfelder, Professor Emeritus and Docent at the American Museum of Natural History.

Ages: High School through Adult

Dates:

- Wed. 9/02: Lady Chatterley, Ulysses, and Other Banned Books
- Wed. 10/07: The Allure of Vampires
- No program in November
- Wed. 12/02: Christmas Below the Equator

Time: 11am-12:30pm

Location: Online (Zoom); sign up for the meeting code

Fee: No Charge—Sign up online:

[wilsonvillelibrary.org/classes](http://wilsonvillelibrary.org/classes)

## Tech Classes

Build your computer skills with these free classes. Subjects include computer basics, Gmail, Microsoft Word, and online job seeking. Visit our website for more information.

*Meets weekly on Mondays from 11am-12pm in the Rose Room.*

## Sit & Stitch

Enjoy a laid-back afternoon of crafting and connection. Bring your knitting, crocheting, embroidery, or any other yarn project you're working on to this informal drop-in group. Share stories, tips, and laughter with new friends. All levels welcome!

*Meets weekly on Mondays from 1:30-3pm in the Rose Room.*

## Space Talks

Docents from Evergreen Aviation and Space Museum present topical programs on the history and future of space exploration.

*Talks on the 1<sup>st</sup> Saturday each month, from 11am-12:30pm in the Oak Room.*

## WIC Pop-Up Clinic

WIC helps income-eligible women, infants and children up to age 5 by providing nutritious foods and education, lactation support, health care screenings and referrals to resources.

Check out more about WIC here:

[www.clackamas.us/publichealth/wic](http://www.clackamas.us/publichealth/wic)

*Meets weekly on Fridays from 10am-12pm & 1-4pm in the Rose Room.*

## Adult Programs



# Oil Painting

## with Judy Stubb

Join Judy for this step-by-step oil painting class done in the Bob Ross style of wet-on-wet paint. This class takes beginner to seasoned painters from a blank canvas to a finished painting in one class.

**Location:** Parks and Rec. Admin Building | **Ages:** 12+ | **Cost:** \$50 per course

### Tuesday Classes 5:30-9 pm

Date: 9/1 - Seaside Cave | Course #: 11989

Date: 10/6 - Barn at Sunset | Course #: 11990

Date: 11/3 - Glacier Mountain | Course #: 11991

Date 12/1 - Reflections on a Pond | Course #: 11992



### Saturday Classes 10 am-2 pm

Date: 9/19 - Autumn Birches | Course #: 11993

Date: 10/17 - Mountain Ridge | Course #: 11994

Date: 11/21 - Arctic Fox | Course #: 11995

Date 12/12 - Lighthouse at Sunset | Course #: 11996



Images of each painting may be found on Judy's website at [wetpaints.net](http://wetpaints.net)



# Stained Glass workshops



Classes taught by William Reichle of Hypmatizarism Glass

- All materials provided
- All classes held at Parks & Recreation Admin. Building
- Ages: 18+ (Age exceptions may be requested)

*All workshops cover the Tiffany method of foiling. Participants will gain guided experience with soldering technique, learn how to frame with lead came, attach O-rings, and clean and polishing stained glass. Students will receive and work with a pre-cut and ground glass kit. At the beginning of each workshop instructor will cover best safety practices for working with stained glass. Class times may run over depending on individual pace. For longer workshops feel free to bring a snack/drink!*

Water droplets – 2 hrs (\$85)

Sat. 8/29 | 10:30am – 12:30pm

Course #: 11970



Honeycomb – 3 hours (\$98)

Tues. 9/22 | 6 – 9pm

Course #: 11971



Pumpkin – 3 hours (\$98)

Fri. 10/16 | 6 – 9pm

Course #: 11972



Spidey Leaf – 4 hrs (\$104)

Sun. 10/25 | 3 – 7pm

Course #: 11973



Mystic Crystal – 5 hrs (\$104)

Fri. 12/11 | 3:30 – 8:30pm

Course #: 11974



Snowflake – 4 hrs (\$104)

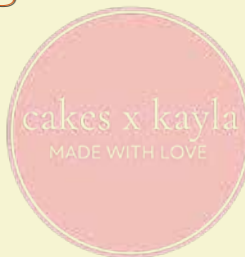
Fri. 12/18 | 4:30 – 8:30pm

Course #: 11975



# Fall & Halloween Cupcake & Cake Decorating Workshops

In each Cake Workshop participants will take home a decorated 6 inch cake. In each Cupcake Workshop participants will take home a dozen decorated cupcakes. All classes are held at the Wilsonville Community Center. Cupcake/ Cake flavors and additional details can be found in the class listings online at [WilsonvilleParksandRec.com/Register](http://WilsonvilleParksandRec.com/Register)

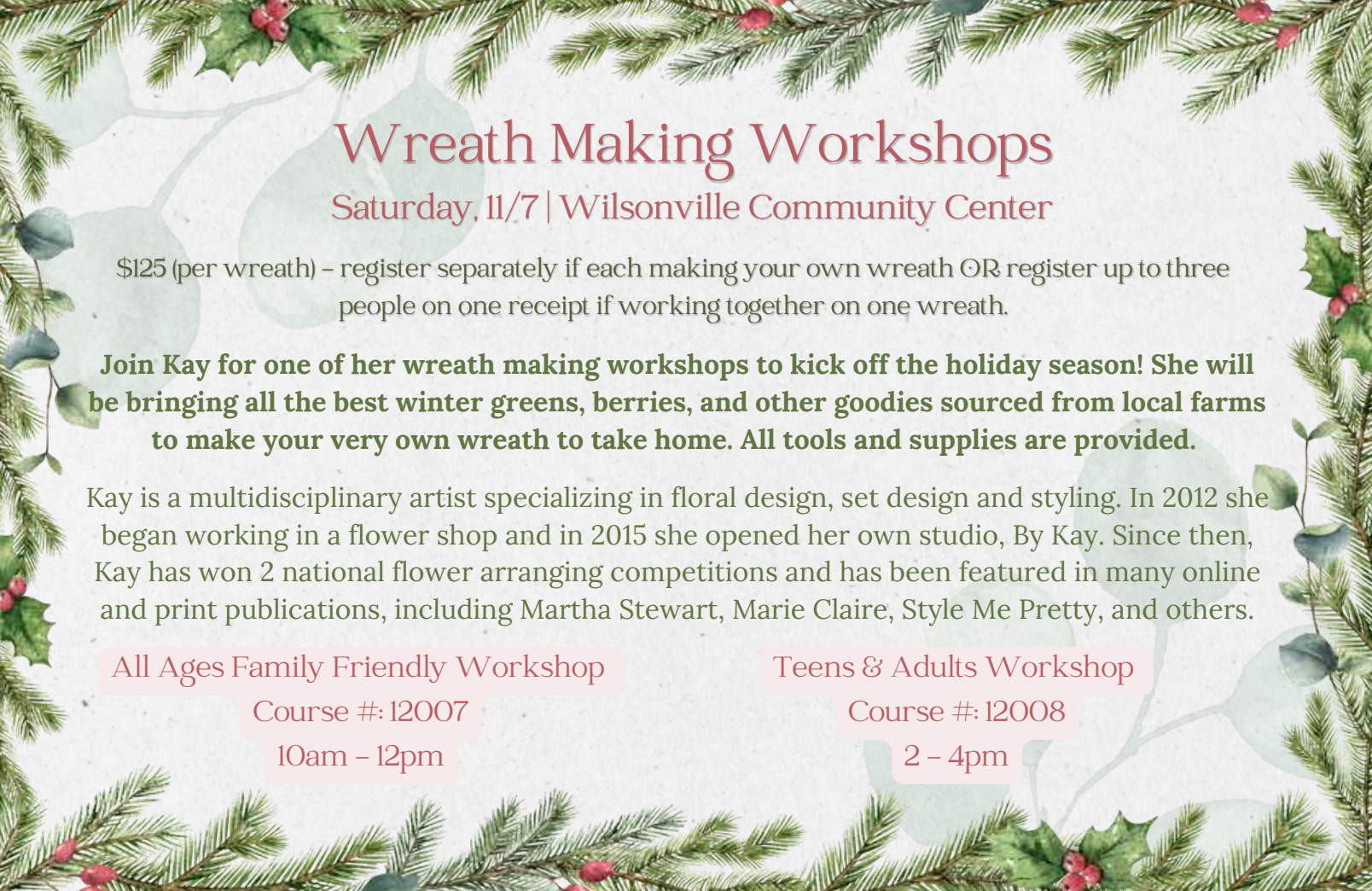


| Workshop                      | Date / Time                  | Price | Ages | Course # |
|-------------------------------|------------------------------|-------|------|----------|
| Pumpkin CUPCAKE Workshop      | Sat. 10/10<br>11am - 12:30pm | \$65  | 10+  | 11956    |
| Cozy Pumpkin CAKE Workshop    | Sat. 10/10<br>1:30 - 3pm     | \$85  | 16+  | 11957    |
| Halloween CUPCAKE Workshop    | Sat. 10/31<br>11am - 12:30pm | \$65  | 10+  | 11958    |
| Hey Boo! CAKE Workshop        | Sat. 10/31<br>1:30pm - 3pm   | \$85  | 16+  | 11959    |
| Thanksgiving CUPCAKE Workshop | Sat. 11/21<br>11am - 12:30pm | \$65  | 10+  | 11960    |



## Holiday Cupcake & Cake Decorating Workshops

| Workshop                             | Date / Time                  | Price | Ages | Course # |
|--------------------------------------|------------------------------|-------|------|----------|
| Merry & Bright CUPCAKE Workshop      | Sat. 12/5<br>11am - 12:30pm  | \$65  | 10+  | 11961    |
| Rudolph CAKE Workshop                | Sat. 12/5<br>1:30 - 3pm      | \$85  | 10+  | 11962    |
| A Classic Christmas CUPCAKE Workshop | Sat. 12/19<br>11am - 12:30pm | \$65  | 16+  | 11963    |
| Holiday Wreath CUPCAKE Workshop      | Sat. 12/19<br>1:30 - 3pm     | \$65  | 16+  | 11964    |



# Wreath Making Workshops

Saturday, 11/7 | Wilsonville Community Center

\$125 (per wreath) – register separately if each making your own wreath OR register up to three people on one receipt if working together on one wreath.

**Join Kay for one of her wreath making workshops to kick off the holiday season! She will be bringing all the best winter greens, berries, and other goodies sourced from local farms to make your very own wreath to take home. All tools and supplies are provided.**

Kay is a multidisciplinary artist specializing in floral design, set design and styling. In 2012 she began working in a flower shop and in 2015 she opened her own studio, By Kay. Since then, Kay has won 2 national flower arranging competitions and has been featured in many online and print publications, including Martha Stewart, Marie Claire, Style Me Pretty, and others.

## All Ages Family Friendly Workshop

Course #: 12007

10am – 12pm

## Teens & Adults Workshop

Course #: 12008

2 – 4pm



## GATHER+GIVE

# Fall Themed Charcuterie Class

Join us and learn how to create a beautiful fall themed seasonal charcuterie board with owner of Gather & Give, Terena Wollons, that will be sure to elevate your entertaining game. Participants will gain insights into balancing flavors, textures, and presentation; ensuring your creations are both aesthetically and palate pleasing. You'll receive step by step instruction and guidance, receive styling tips, and take home a thank-you gift. All ingredients and supplies that are needed to create your take home charcuterie board will be provided.

**Wed. 11/18 from 7 - 8:30pm**

**Ages 16+ | \$88 | Course #12009**

**Parks & Rec. Admin. Office**



# BARRE TONE

**WITH JESSICA NORMAN**

Barre Tone is a full body workout that improves your range of motion, posture and builds muscle. It's not just for the ladies or ballerinas! Barre is an athletic workout for all that uses inspiration from dance, pilates and yoga to boost your overall fitness. It's a great companion to your overall fitness plan, helping you reach the areas that many other activities miss. You'll leave class feeling recharged and aligned.

**Tuesdays, 5:45-6:45 pm | Community Center**

**Session I: 9/8-10/27**

**Cost: \$75**

**Course #: 11987**

**Session II: 11/3-12/22**

**Cost: \$75**

**Course #: 11988**



**Try it Out!**  
First time  
drop-in \$10

## FITNESS WITH JULES MOODY

### BODY SCULPT

Strengthen and tone all muscle groups in this eight week full body, non-impact class. Mix it up weekly using hand weights, bands, and stability balls as we move to get stronger! Modifications and varying weights (2-12lbs) available, so the class is suited to ALL fitness levels as you progress. Encouraging environment, fun people, and fun music...come join! Bring exercise mat and water. Ages 18+

**Mondays, 6-7 pm at the Community Center**

**Session I: 9/7-10/26**

**Cost: \$79**

**Course #: 11976**

**Session II: 11/2-12/14**

**Cost: \$79**

**Course #: 11977**

### CORE, FLOOR & MORE

Does your body need some focused attention on balance, and core strength? We will start with standing work and then spend the majority of class down on the mat working all body parts, no equipment! Improve posture and create long and strong muscles in this slower paced but challenging hour. Encouraging atmosphere, fun people and tunes! Bring exercise mat and water. Ages 18+

**Wednesdays, 6-7 pm at the Community Center**

**Session I: 9/9-10/28**

**Cost: \$79**

**Course #: 11978**

**Session II: 11/4-12/16**

**Cost: \$79**

**Course #: 11979**

### MONDAY STRETCH

Do YOU take time to stretch? Time to MAKE it happen! Our bodies need intentional focus lengthening muscles to release tension and increase flexibility. Come join this 30 min quiet calm mat class and stretch out everything — your body and mind will thank you!

**Mondays, 7:10-7:40 pm at the Community Center**

**Session I: 9/7-10/26**

**Cost: \$39**

**Course #: 11980**

**Session II: 11/2-12/14**

**Cost: \$39**

**Course #: 11981**

### WEDNESDAY STRETCH

**Wednesdays, 7:10-7:40 pm at the Community Center**

**Session I: 9/9-10/28**

**Cost: \$39**

**Course #: 11982**

**Session II: 11/4-12/16**

**Cost: \$39**

**Course #: 11984**

## Soul Flow Yoga

Tues. 7:15-8:15 PM | Community Center  
\$85 per session | Ages 13+

Experience a 60-minute mindful and engaging movement with Soul Flow for all levels. Bring awareness to the mind-body connection while quieting the nervous system. Create new muscle memory patterns in the body with a series of poses followed by relaxing in a self-nurturing Savasana.

Session I: 9/8 - 10/27 | Course #: 11985  
Session II: 11/3 - 12/22 | Course #: 11986

## Restorative Yoga

Thurs. 7:15-8:15 PM | Community Center  
\$85 per session | Ages 13+

Slow down, rest the mind, and nurture the nervous system with Restorative Yoga. This 60 minute class for all levels will bring you from action to stillness. Allowing for your physical and subtle body to catch up. Settle in with guided meditation, followed by intentional time in supportive resting poses. Props provided, please bring your own mat.

Session I: 9/10 - 10/29 | Course #: 11997  
Session II: 11/5 - 12/17 | Course #: 11998



## SOUND MEDITATION

*An Immersive Journey*

WITH SENTINEL SOUND

Cost per person, per session: \$20  
Location: Wilsonville Community Center

Sunday 9/6, 3-4pm | Course #: 12029  
Sunday 10/11, 3-4pm | Course #: 12030  
Sunday 11/15, 3-4pm | Course #: 12031

What to bring: Participants are encouraged to wear comfortable clothing and should bring a yoga mat, blanket, or pillow for added support.

*Shift from doing to being.*

Sound bath meditations are an immersive, experiential form of mindfulness perfect for both beginners and experienced practitioners. Using an assortment of instruments with healing vibroacoustic frequencies, these sessions create a restorative soundscape that allows for presence of mind more easily than many traditional forms of meditation.

During the session, participants sit or lie down comfortably while being guided through a sound journey designed to lower stress markers in the body and regulate the nervous system. By balancing the sympathetic and parasympathetic systems, the practice facilitates a state of deep physical and emotional relaxation. This is a gentle, accessible practice that requires no prior experience. Simply arrive as you are and let the sound guide you toward inner stillness and profound rest.



## Adult & 55+ Programs

# Tai Chi with Ulises

### Beginning Tai Chi

Begin your journey of self improvement with Yang style Tai Chi. Improve balance, flexibility, memory, and mindfulness while learning the first section of the 108 form and a variety of Qi-Gong and warm-ups.

Time: 2 - 2:45 pm

Location: Community Center

Cost: \$75

Session I

Date: Tues. and Thurs.

9/29 - 10/29

Course #: 12016

Session II

Date: Tues. and Thurs.

11/5 - 12/10

Course #: 12018

### Qi-Gong Workshop

What is Qi-Gong? What is it that they mean when they say energy in these old traditions? Ulises will help guide you to a better understanding of what Qi is. How the practices work to develop better health and how it relates to Tai Chi. And take home some simple exercises to help get you started in your own practice.

Thursday, September 24 2 - 3:30 pm Community Center \$25 Course #: 12036

### Tai Chi Continuing

Continue your journey in the Tai Chi 108 form. More advanced movements and exercises to explore the inner mechanics of the 108 form. Find and push the limits of your body and mind to find the calm of moving meditation. Requires instructor approval for advancement to this course.

Time: 3 - 4 pm

Location: Community Center

Cost: \$75

Session I

Date: Tues. and Thurs.

9/29 - 10/29

Course #: 12017

Session II

Date: Tues. and Thurs.

11/5 - 12/10

Course #: 12019

**Can't commit for the entire session?  
Drop in for \$10**

## HEALTHY BONES AND BALANCE BRAD MOORE

Designed to strengthen all elements of your body combining circuit training, strength conditioning, aerobic fitness, flexibility, and balance. The instructor uses evidence-based exercise strategies with the goal of improving bone density and decreasing the likelihood of a fall or an injury. This class will help you get on track to a stronger and healthier you. Most likely a good fit for participants 55 and older.

Mon., Wed. and Fri. 8:30 - 9:20 am  
Community Center

Session I

8/31 - 10/9

No class 9/7

Cost: \$69

Course #: 12023

Session II

10/26 - 12/18

No class 11/11 & 11/27

Cost: \$89

Course #: 12024

## ADVANCED HEALTHY B & B BRAD MOORE

Similar to "Healthy Bones and Balance" but this advanced version will incorporate a higher level and more intense aerobic and cardiovascular element. Designed to strengthen all elements of your body combining circuit training, strength conditioning, aerobic fitness, flexibility, and balance. Most likely a good fit for participants 55 and older.

Mon., Wed. and Fri. 9:30 - 10:20 am  
Community Center

Session I

8/31 - 10/9

No class 9/7

Cost: \$69

Course #: 12025

Session II

10/26 - 12/18

No class 11/11 & 11/27

Cost: \$89

Course #: 12026

\*\* Register for both sessions at one time and receive 10% off! \*\*

# WILSONVILLE COMMUNITY CENTER

## Ongoing Activities

### MONDAY

- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Weight Loss Support Group, 12-12:45 pm  
1st Monday of the month
- Chicago Bridge, 1-4 pm
- Mexican Train Dominoes, 1-4 pm



### WEDNESDAY

- Photography Club, 10-11:30 am
- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Pinochle Play, 1-4 pm
- Bingo, 1-2 pm  
1st & 3rd Wednesday of the month
- Book Club, 1-2 pm  
Last Wednesday of the month

### FRIDAY

- Conversational Spanish Group, 10:30-11:30 am
- Sit, Stand, and Be Fit, 11-11:45 am
- Bridge Group Play, 11:30 am-3 pm
- Lunch @ the Center, 12 pm
- Mexican Train Dominoes, 1-4 pm



### TUESDAY

- Wilsonville Walkers, 9:30 am  
See the WCSI Gazette for the schedule
- Piecemakers Quilting, 9-2 pm  
Tauchman House
- Wilsonville Ukulele Players Society, 9:30-11:30 am Parks Operation Building
- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Partners Bridge, 12:30-3:30 pm  
Call 503-449-5855 to sign up
- Virtual Reality Fitness, 1-2 pm
- Creativity Club, 1-2:30 pm  
2nd Tuesday of the month (starts 9/8)

### THURSDAY

- Wilsonville Walkers, 9:30 am  
See the WCSI Gazette for the schedule
- Improving your Bridge, 10-11:30 am  
Basic Bridge knowledge required
- I-5 Connection Group, 10 am-12 pm  
Will resume in September
- Ladies Afternoon Out, 1-3 pm



# Create with Candyce

at the Community Center

## Mobile Making

The movement of kinetic sculptures can create a calming effect helping to reduce stress. Learn how to suspend and balance colorful pieces in the making of a mobile. The pieces are made from a proprietary material developed by the artist, Candyce Scott. All materials will be provided.

Tues. 9/15 1-3 pm Cost: \$50 Course #: 12002

Tues. 12/15 1-3 pm Cost: \$50 Course #: 12003

## Jewelry Workshop

In this 2-day workshop participants will make a necklace and a pair of earrings that are featherweight and a delight to wear. In the first class you will pour the material into a wire mold which needs to set up overnight. The second class is the time to assemble and complete the set. There will be a choice of colors available.

Tues. 9/22 & 9/29 1-3 pm Cost: \$125 Course #: 12004

Tues. 12/1 & 12/8 1-3 pm Cost: \$125 Course #: 12005

## Voices Uncensored: The Moments That Shaped Me

This 6-week program is an art class based on stories. Participants will learn to express themselves using innovative art techniques that reflect one's storyline. Painted papers will cover a 20" x 20" cradle board as a base to display an image transfer, also called a "skin". Additionally, participants will be applying molding paste with stencils for added effect. No art experience is necessary and all materials are provided.

Mon. 10/5 - 11/9 1-3 pm Cost: \$275 Course #: 12006



## Creativity Club Finding Your Creative Voice

2nd Tues. of the month starting in September  
1 - 2:30pm | Wilsonville Community Center

≡FREE≡

You don't have to be an artist to be creative. Creativity begins the moment you become curious.

Join creative director and facilitator Candice Laxton for a fun, engaging workshop designed to help you discover your unique creative voice through conversation, playful activities, art, storytelling, and simple creative exercises.

Together we'll explore how ideas begin, how confidence grows, and how creativity can help us solve problems, express ourselves, build relationships, and discover new possibilities.

Whether you've never picked up a paintbrush or have been creating your whole life, you'll leave with new ways of seeing yourself, your ideas, and the creative potential you already have. Come curious, leave inspired!

# AARP Smart Driver

Take the AARP Smart Driver™ classroom course and you could save money on auto insurance! Learn techniques for handling left turns, right-of-way, following distance, and roundabouts. Understand how to reduce traffic violations, crashes, injury risk, and learn state specific items. Discover proven driving methods to help keep you and your loved ones safe on the road.

**Tuesday**

**September 8 or November 17**

**9 am - 4:30 pm**

**Wilsonville Community Center**

**\$20 for AARP members**

**\$25 for non-members**

**Call 503-682-3727 to register**



## Sit Stand and Be Fit ✨ with Kate

The Sit, Stand and Be Fit class is designed for older adults and anyone needing slow gentle movements. Using the chair, it focuses on resistance training and cardio to give you a total body workout without being on your feet. It focuses on improving core strength, flexibility, balance, coordination, circulation, and reaction time. Standing options available for those who are able.

A variety of light-hearted music combined with fun rehabilitative movements make this a good middle-of-the-road full body workout.

The class is sure to lift your spirits and put a smile on your face!

Mon Tues Wed and Fri ongoing

Community Center at 11:00 am

\$1 fee



# Nutrition Program and Social Services

at the Community Center

## Nutrition Program

You are invited to lunch at the Community Center every Monday, Tuesday, Wednesday, and Friday. Lunch is served at noon. Donations (\$3.50 for those 60 and over or \$4.25 for those under 60) are encouraged but not required.

**PLEASE NOTE:** Due to building construction there will be no in person lunch on 11/13, 11/16 or 11/20.

**UPCOMING THEMED MEALS**  
**THANKSGIVING: NOVEMBER 25**  
**HOLIDAY MEAL: DECEMBER 18**

**FOR SPECIAL THEMED MEALS,  
PLEASE CALL 503-682-3727  
TO RESERVE YOUR SPOT.**

Do you know a senior who is homebound or is recuperating from an illness and needs a meal? The Home Delivered Meal Program provides daily weekday meals. There is no charge for this service but donations are gladly accepted. To determine eligibility and to register for the program please call 503-570-1526.

## Social Services

Sadie Wallenberg, the Center's Information and Referral Specialist, can provide assistance to seniors 60+ and their families in connecting with local and community resources in Clackamas County including energy assistance, legal aid, case management, support groups, transportation, and help with Medicare/Medicaid. She can also help find affordable housing, assist with placement in assisted living facilities, and refer to reputable companies for home maintenance and home health services.

A medical equipment loan program is also available which provides medical equipment (wheelchairs, walkers, etc.) free of charge for loan.

Sadie Wallenberg, MSW  
503-570-1526

Wilsonville Community Seniors Inc

# Holiday Party

Wednesday, December 16

1:00-3:00 PM

Community Center

No Charge

Pre Registration is required

Call 503-682-3727 or visit the  
Community Center to add your name  
to the list

Sign up available Nov 18 - Dec 11

\*spaces are limited

Team Trivia Game

Crafts

Holiday Music

Gift Exchange\*

\*If you plan to participate,  
please bring a small wrapped  
present (\$5-\$10 price range)

# SMART

SOUTH METRO AREA REGIONAL TRANSIT

SMART's **FREE in town** Dial-a-Ride bus service provides shared, door-to-door rides for seniors. Perfect for appointments, errands, and getting around town.

- Get your application at: [RideSMART.com/DAR](http://RideSMART.com/DAR)
- Rides can be reserved up to two weeks in advance
- Questions? ☎ 503-682-7790
- Learn more 🌐 [RideSMART.com/DAR](http://RideSMART.com/DAR)





# Grief Support Group



SUPPORT, REFLECTION, AND SHARED UNDERSTANDING



This five week group will focus on bereavement education, resources, and the opportunity to share your grief journey. There will be workbooks provided at no cost. Ed Nelson, CT and group facilitator, has led support groups for over 25 years and is an excellent guide through the wilderness of grief.

*There is no charge but please call 503-682-3727 to reserve your spot.*

**Wilsonville Community Center, Tuesdays 10/6 - 11/10, 1:00 – 2:30 PM**



## Community Resources



### Foot Care Clinic

3rd Tuesday, Wednesday & Thursday of the Month - by appointment

Appointment includes nail trimming (including ingrown nails), filing down corns and calluses, massage and nursing advice, as needed. Foot care is especially important for individuals with diabetes, poor circulation, neuropathy, and decreased vision. \$40 at the time of service - cash/check only. Please bring two towels to your appointment. Call 503-682-3727 to schedule your appointment.

### Alzheimer's Support Group

2nd Tuesday of the Month 1-2:30 pm

This group will provide support, education, and community for those who are caring for a person diagnosed with some form of dementia, such as Alzheimer's disease.

Participants are encouraged to share their journey, knowledge, and questions.

Meetings will take place at the Charbonneau Activity Center (32000 SW Charbonneau Drive) in the Kalapuya Room. Contact Sadie Wallenberg at 503-570-1526 for more information.





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# 100% SATISFACTION GUARANTEE OR MY COMMISSION BACK!

## WHAT *Inspires* YOU?

### Meet Jaimy Beltran: Your Trusted Partner with a Personal Touch

I believe in being professional without being stuffy. Just like Google, I take my work seriously, but I also know how to have some fun. You can expect a dedicated approach from me, combined with a down-to-earth and approachable demeanor.

When it comes to your family's safety and security, I'll go to great lengths to protect you. I genuinely care about your well-being, and I'll treat you like a part of my own family. Your trust means everything to me, and I'll work tirelessly to earn it.

**When it's time to buy or sell real estate,  
trust in Jaimy Beltran. He's Inspired By You.**



Many agents claim that they're the best of the best when it comes to selling real estate. But after closing, do you really feel like they did their best to represent you and your real estate needs? As your agent, Jaimy will do everything possible to best represent you in a transaction using his vast real estate knowledge, marketing strategies, negotiating skills, and commitment to "You 1st Real Estate." If you aren't 100% satisfied with his services, he will give you his commission back!\*

If you're considering making a move in this market, be sure to call Jaimy! With his 100% Satisfaction Guarantee, you'll be glad you did!

*\*Prepaid hard costs, upfront fees, and BAC not applicable.*

## Have a Question About Anything Real Estate?

**#JustAskJaimy**

**Jaimy Beltran**

Licensed Oregon Real Estate Broker

**(503) 502-3330**



**BELTRAN**  
PROPERTIES GROUP

**JAIMY BELTRAN**  
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ABSOLUTE CARE