

SEPTEMBER - DECEMBER 2025

WILSONVILLE ACTIVITY GUIDE

COMMUNITY PROGRAMS | SPECIAL EVENTS | FACILITY RENTALS

REGISTER BEFORE
SEPTEMBER 1 TO
GET A 10%
DISCOUNT ON ALL
CLASSES AND
PROGRAMS



WILSONVILLE
PARKS & RECREATION

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PARK RULES

Park & Trail Hours are 5 am-10 pm

Alcohol is not permitted in Wilsonville parks or on trails unless approved by permit.

All Wilsonville parks and trails are smoke and tobacco free.

Keep pets on leash except in dog parks; properly dispose of pet waste.

Overnight camping is not allowed in Wilsonville parks or on trails.

No open flames, fires, charcoal grills, or camp stoves shall be allowed; Propane grills may be used but must be kept on paved surfaces.

No person shall possess any loaded firearm or discharge any firearm, pellet gun, or other weapon capable of inflicting injury.

No removal or damage to park grounds, structures, or facilities.

Pickleball, tennis, and basketball courts are first come, first serve; limit court time to 60 minutes when others are waiting.

Thank you for keeping our parks clean.

*Other Restrictions and Enforcements per
Wilsonville Code Sections 3.000 – 3.030*

Have a park concern? Text it to 503-570-1678
Please include a brief description and specific location of the concern in your text.

[WilsonvilleParksandRec.com/ParkRules](https://www.WilsonvilleParksandRec.com/ParkRules)

503-783-7529
ParksandRec@WilsonvilleOregon.gov



CONTACT US:

PARKSANDREC@WILSONVILLEOREGON.GOV
COMMUNITYCENTER@WILSONVILLEOREGON.GOV

ADMINISTRATIVE OFFICES
29600 SW PARK PLACE
503-783-7529

COMMUNITY CENTER
7965 SW WILSONVILLE ROAD
503-682-3727



3 RENTALS & SPECIAL EVENTS

Facility Rentals

Harvest Fest - *October 18*

Community Tree Lighting - *December 4*

Los Posadas - *December 18*

11 YOUTH PROGRAMS

Mini Hoopers Basketball

Soccer Shots

Kidokinetics

Manners Matter

Back to School Bike Skills

Parenting the Love and Logic Way

Walk at Lunch

Sunset to Summer Community Bike Ride

Wilsonville Library Programs

17 ADULT & 55+ PROGRAMS

Wilsonville Library Programs

Art Foundations

Oil Painting

Macrame Workshop

Stained Glass Workshop

Baking with Sam

Cake Decorating Workshop

Barre, Yoga, and Body Sculpt

Tai Chi

Personal Training

Drop-in groups and ongoing activities

Nutrition Services and Social Services

Community Center Book Club

Travel Training Program

Wilsonville Community Seniors Events

Facility Rental Opportunities



Are you looking for a venue for your next gathering? Wilsonville Parks and Recreation has a variety of facilities available for rent. Whether it's a company party, wedding, family reunion, or a business meeting, we can help you find the facility to best suit your needs. Applications are currently being accepted for both residents and non-residents. The shelter season runs mid-April through mid-October.

STEIN-BOOZIER BARN

The Stein-Boozier Barn is a rustic barn located in Murase Plaza with a main gathering space of 1,325 square feet. Amenities include 14 60" round tables, 96 folding chairs, a 18 cu/ft refrigerator, and a 10' bar with a sink. The patio in front of the barn contains terraced basalt stone seating with the back of the barn looking out to Boeckman Creek. Both the front and rear sliding doors can be opened. Max Capacity = 96 Weekend rentals include a 1/2 day before and a 1/2 day after.

FOR MORE INFORMATION, PLEASE CALL: 503-570-1530
OR VISIT WILSONVILLEPARKSANDREC.COM/RENTALS

PARKS AND REC FACILITY RENTALS



THE RIVER SHELTER

The River Shelter at Memorial Park sits in the southwest corner of the park near the Willamette River.

Amenities include: electricity, water, 16 picnic tables, cornhole boards, and a large private grassy area suitable for lawn games.

Max Capacity = 200



Other rentals:

MEMORIAL PARK

- River Shelter (Max = 200)
- Sports Fields (Max = varies)

MURASE PLAZA

- Stein-Boozier Barn (Max = 96)
- Grove Shelter (Max = 48)
- Splash Shelter (Max = 20)

BOONES FERRY PARK:

- Tauchman House (Max = 40)

INDOOR SPACES:

- Community Center (Max = 150)
- Mt. Hood Meeting Room (Max = 20)

Addresses:

Administrative Office

29600 SW Park Place (Mt. Hood Room)

Community Center

7965 SW Wilsonville Road

Memorial Park

Entrance at 8300 Memorial Drive

Art Tech Building

29796 SW Town Center Loop East

Murase Plaza

Entrance at 8100 Memorial Drive

Tauchman House

31240 SW Boones Ferry Road

Harvest Fest

Saturday, October 18th; 10am-1pm
Stein-Boozier Barn, Murase Plaza

Free family friendly fun!



**HORSE & CARRIAGE RIDES
FACE PAINTING
MUSIC
CRAFT VENDORS
FOOD TRUCKS
PUMPKINS
AND MORE!**

Thank you to our title
Sponsor:

Learn more at:
wilsonvilleparksandrec.com/harvestfest





Wilsonville Winterfest

Scan for More Info



Tree Lighting Event

DECEMBER 4 | 5:30 PM

Join Wilsonville Parks and Recreation for the annual tree lighting event. There will be hot cocoa, choir performances, pictures with Santa, a 'Letters to Winter Wonderland' station and more! This is a free event.



THANK YOU TO OUR TITLE SPONSOR:



Toy Drive & Senior Stockings

NOV. 3 - DEC. 8 | M-F 8 AM-5 PM, COMMUNITY CENTER

Toy Drive: Drop off NEW, UNWRAPPED toys for kids in need this holiday season. Toys will be donated to the Wilsonville Family Empowerment Center and Clackamas County Compassion in Action.

Stockings: Donate a stocking for a senior this holiday season. Items needed include snacks, games, personal hygiene items, etc.



Letters to Winter Wonderland

DECEMBER 1 - 17 | MONDAY - FRIDAY 8 AM-5 PM

A 'Letters to Winter Wonderland' station and templates will be available at the Parks and Rec Admin Office from December 1-17. Turn in your letter with a return address by December 17 and receive a reply from Winter Wonderland.



FOR MORE INFORMATION PLEASE VISIT
WILSONVILLEPARKSANDREC.COM/WINTERFEST



LAS POSADAS



join us in celebration

music, family fun, light refreshments

Presented by:



thursday, dec. 18, 4-6 pm
wilsonville community center

All are welcome. Presented by the City's Diversity, Equity and Inclusion Committee.



SOCCERTOTS FRIDAYS AT EDELWEISS PARK

Kickstart a passion for soccer with SoccerTots, an active, game-based introduction for young athletes. This program enhances motor skills and self-confidence with engaging activities that focus on developing core soccer skills and introducing friendly competition. Parent participation is required with children 3.5 years and younger.

Friday Dates: 9/12-10/17

Cost: \$99

Location: Edelweiss Park

SECTION:	AGE:	TIME:	COURSE #:
Soccer Tots (Cubs):	2-3	4:00-4:40 pm	#SSA60240
Soccer Tots (Bears):	4-5	4:50-5:30 pm	#SSA60241

BASKETBALL SATURDAYS AT MEMORIAL PARK

HOOPSTERTOTS

Discover the joy of basketball with HoopsterTots! This fun program focuses on dribbling, shooting, passing, and teamwork using adjustable hoops for age-appropriate challenges. Join HoopsterTots to shoot and score foundational skills! Parent participation is required with children 3.5 years and younger.

BASKETBALL

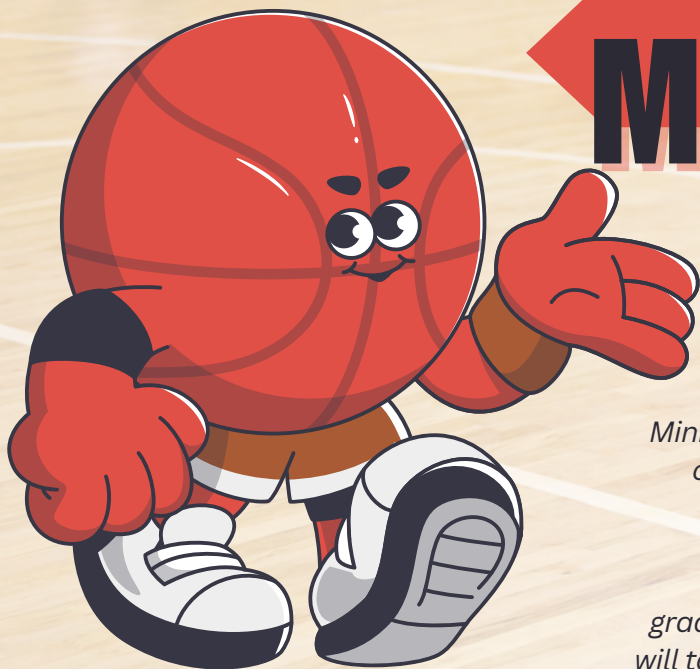
Dribble, shoot, score with Skyhawks Basketball! Perfect for developing athletes, this program sharpens passing, shooting, and dribbling skills, emphasizing sportsmanship and teamwork. Participants develop defensive and rebounding abilities in a dynamic setting that promotes personal and athletic growth. Get involved and make a difference on and off the court!

Saturday Dates: 9/13 - 10/18

Cost: \$99

Location: Wilsonville Memorial Park

SECTION:	AGE:	TIME:	COURSE #:
HoopsterTots:	2-3	9-9:40 am	#SSA60242
HoopsterTots:	4-5	9:50-10:30 am	#SSA60243
Basketball (6-9):	6-9	10:45-11:45 am	#SSA60244
Basketball (10-12):	10-12	10:45-11:45 am	#SSA60245



MINI HOOPERS

1ST & 2ND GRADE BASKETBALL

**REGISTRATION DEADLINE
SEPT. 25, 2025**

Mini Hoopers is a first and second grade basketball program organized by Wilsonville Parks and Recreation and led by volunteer parent coaches. The 2025 season will run from Monday, October 20 through Saturday, December 13. Sections of the program will include: 1st grade boys, 2nd grade boys, and 1st and 2nd grade girls (combined). Practice will take place one night per week at local schools with games a mix of weekday evenings and Saturday mornings.



Interested in being a **volunteer coach**? Fill out the volunteer form by scanning the QR code. Background checks will be run on those selected to coach.

1st & 2nd Grade Girls
Course #: 11626

1st Grade Boys
Course #: 11627

2nd Grade Boys
Course #: 11628

LEARN MORE AT [WILSONVILLEPARKSANDREC.COM/MINIHOOPERS](https://www.wilsonvilleparksandrec.com/minihoopers)

SOCCKER SHOTS

MINI - 2 TO 3 YEAR OLDS

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. We encourage parent involvement in our Mini classes.

CLASSIC - 3 TO 4 YEAR OLDS & 4 TO 5 YEAR OLDS

Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait in each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

PREMIER - 6 TO 7 YEAR OLDS

Still using our fun, noncompetitive format, the Premier program teaches more mature skills and concepts at a faster pace through more complex game play.

A note on age: Players must be within the age of the class on or before the first lesson.

Saturday Dates: Sat. 9/13 - 11/15

Cost: \$245 (mini) \$255 (classic) \$265 (premier)

Location: Wilsonville Memorial Park

SECTION:	AGE:	TIME:	COURSE #:
Mini:	2-3	9-9:30 am	#SSSAT900
Classic:	3-4	9:45-10:20 am	#SSSAT945
Classic:	4-5	10:35-11:15 am	#SSSAT1035
Premier:	5-6	11:30 am-12:15 pm	#SSSAT1130

Tuesday Dates: Tues. 9/9 - 11/11

Cost: \$245 (mini) \$255 (classic)

Location: Palermo Park- Villebois

SECTION:	AGE:	TIME:	COURSE #:
Mini:	2-3	3:30-4 pm	#SSTUE330
Classic:	3-4	4:10-4:45 pm	#SSTUE410

Tuesday Dates: Tues. 9/9 - 10/28

Cost: \$211 (classic) \$219 (premier)

Location: Palermo Park- Villebois

SECTION:	AGE:	TIME:	COURSE #:
Classic:	4-5	4:55-5:35 pm	#SSTUE455
Premier:	5-6	5:45-6:30pm	#SSTUE545



Sports Play

by
Kidokinetics



Research shows that **non-competitive environments** help children **gain confidence** while trying **new sports**. JOIN US for **skill-based athletic development** in a fun-first environment where **every child participates and learns**.



Kidokinetics SportsPlay | Course #11606 **September 13 - November 1 (8 weeks)**

Location: Wilsonville Memorial Park

Saturdays 12:45p - 1:30p

Ages 3-5 | \$180/child

*25+ different skill-based sports and exercises
in a fun, non-competitive environment.*

Kidokinetics SportsPlay | Course #11607 **October 26 - December 14 (8 weeks)**

Location: Wilsonville Comm Center - Multipurpose Room

Sundays 2:00p - 2:45p

Ages 5-8 | \$180/child

*25+ different skill-based sports and exercise
in a fun, non-competitive environment*



No School Fall Fun Day | Course #11608

October 10

Location: Wilsonville Memorial Park

9 a - 12 p

Ages 5 - 10 | \$60/child

Sports games and athletic activities with a spooky Halloween twist!



MANNERS MATTER

ALL CLASSES TAKE PLACE AT THE
TAUCHMAN HOUSE

This class teaches the importance of being polite in different situations and why that's important. Students will also be taught how to set the table using plates, glasses, utensils and napkins. They will practice proper greetings, handshakes and the polite way to enter a room and conversation. Children will learn the importance of being a polite host/hostess and guest; along with so much more.

Ages 5-8: 9-10am | Ages 9-11: 10:15-11:15am
Cost \$65 per session

Session I: Sat. October 4 & 11
Ages 5-8, Course #:11617 | Ages 9-11, Course #: 11618

Session II: Sat. November 8 & 15
Ages 5-8, Course #:11619 | Ages 9-11, Course #: 11620



Back to School

BIKE SKILLS FOR KIDS

BEGINNER'S LEARN TO RIDE

Perfect for first-time riders or those transitioning from training wheels.

10-11am

Intermediate Bike Skills Course

Great for riders ready to sharpen their control and road awareness through fun, hands-on activities.



11am-1pm



Regreso a la Escuela

HABILIDADES DE BICICLETA PARA NIÑOS

APRENDER A MONTAR PARA

Perfecto para quienes se inician en el ciclismo o para quienes están dejando de usar ruedas de entrenamiento.

Curso de Ciclismo de Nivel Intermedio

Ideal para motociclistas listos para mejorar su control y conocimiento de la carretera a través de actividades prácticas y divertidas.



Register at
ridesmart.com/bikeskills



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PARENTING THE LOVE & LOGIC WAY



Mondays 7-8 pm | October 6 - November 10

Parks and Rec Admin Building, Mt Hood Room | \$25 per person | Course #: 11597

Learn how to:

- avoid un-winnable power struggles and arguments
- stay calm when your kids do incredibly upsetting things
- set enforceable limits
- avoid enabling and begin empowering
- help your kids learn from mistakes rather than repeating them
- raise kids who are family members rather than dictators and much more!

Workbook included. Complimentary Parenting the Love and Logic Way, Raising Teenagers with Love and Logic, Grandparenting with Love and Logic books as supplies allow.



WALK AT LUNCH - ADVENTURES



For 2025, SMART will host one monthly group walk during the summer that incorporates bus travel.

Learn how to incorporate active transportation into your walk.



Group walks are designed to help participants feel comfortable with the transit system in a social and relaxed environment.

August 27 - Route 3X

Meet at Wilsonville Transit Center (9699 SW Barber St.) before noon to catch the 12:00 3X bus to Canby Transit Center. Attendees will walk around downtown Canby followed by free time to get lunch or explore.

We will depart Canby close to 1:30pm depending on traffic times, returning to Wilsonville Transit Center by 1:50pm.



SMART
SOUTH METRO AREA REGIONAL TRANSIT
presents

SUNSET TO SUMMER

COMMUNITY BIKE RIDE

SUNDAY, SEPTEMBER 21

MEET AT 5:30 PM

DEPART AT 6 PM

DOMINGO 21 DE SEPTIEMBRE

REUNIRSE EN 5:30 PM

SALIR A LAS 6 PM



DEL ATARDECER AL VERANO



Metro

UN PASEO COMUNITARIO EN BICICLETA
Town Center Park





8200 SW WILSONVILLE RD.
503-682-2744
WILSONVILLELIBRARY.ORG



Come explore the Wilsonville Public Library! We provide a wide variety of services for Wilsonville area residents and businesses. Our mission is to serve as a reference and resource center for practical information needs, lifelong learning, and entertainment. Our collection comprises over 100,000 items in many formats, supplemented by local and far-reaching electronic resources, professional services, and a friendly, knowledgeable staff with a commitment to top-quality service.

Free library cards are available to all Clackamas County citizens served by the Library District of Clackamas County. Preferred ID is a valid driver's license with current address, but residents may also provide other photo ID and proof of current address.

Keep up to date on upcoming Library events with eNotify by visiting: www.wilsonvillelibrary.org.

LIBRARY YOUTH PROGRAMS:

Check the library website for updates: WilsonvilleLibrary.org

Baby StoryTime

Youth Services Librarian led Baby Storytime is 15 minutes of stories, songs, rhymes, bounces, early learning fun and community, followed by 20 minutes of playtime!

Ages: Birth to 18 months, or
prewalkers, with their grown-up
Day: Tuesdays 9/9 - 12/16
Time: 12:15 - 12:45 pm
Location: Oak Room
Cost: No Charge

Crochet Corner

Learn to crochet! Practice basic crochet skills and make textile crafts. All abilities welcome. Appropriate for kids ages 10+.

Ages: 10+
Day: 3rd Thursday (9/18, 10/16, 11/20, 12/18)
Time: 6:30 - 7:30 pm
Location: Oak Room
Cost: No Charge

Series Saturdays

School age fans of popular chapter book and graphic novels series are invited to participate in various activities related to book themes, enjoy a themed snack, and enter a raffle for a copy of the newest book in that month's series!

Ages: 3+
Day: 1st Saturday of the month
Time: 2:00 pm - 3:00 pm
Location: Oak Room
Cost: No Charge

9/6: "I SURVIVED"
10/4: "WARRIORS"
11/1: "DIARY OF A WIMPY KID"
12/6: "BABYSITTER'S CLUB"



Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to Wilsonville resident children from birth to age five, no matter their family's income. Every month a new book arrives in the mail that the child can keep forever.

Families can register on the Imagination Library website, or at the library.

Find out more at:
WilsonvilleLibrary.org/DPIL

Play Group

Drop in anytime 10:30 am to noon on Fridays and let the kiddos play with a variety of toys, as well as socialize with others of the under-6 year old crowd.

Ages: Birth to 6 years old with their grownups

Day: Fridays 9/12 - 12/19

Time: 10:30am-12pm

Location: Oak Room

Cost: No Charge

Spanish Storytime - Hora de Cuentos

Adventures in Spanish will present stories and songs in Spanish for children and their grown-ups. The program is recommended for ages 0-5 years.

Adventures in Spanish [Aventuras en Español] presenta cuentos y canciones en español para niños y sus adultos. Este programa de 30 minutos se recomienda para niños de 0-5 años

Ages: 3 and up

Dates: 2nd Saturday of the month

Time: 11:00 am-12:00 pm

Location: Oak Room

Cost: No Charge

LIBRARY TEEN PROGRAMS

Check the library website for updates: www.WilsonvilleLibrary.org

Teen programs are free and open to students in grades 6-12.

Want to come to an event, but need a little reminder?

Send us an e-mail at teens@WilsonvilleLibrary.org to get added to our eNotify list.

Or become a Facebook friend of "Wilsonville Library" to get event updates!

Teen Drop-In Events - Each Wednesday from 3-6pm, from Sept. 3 - Dec 17

Join us for Wednesday after-school drop-in games and activities in the Teen Area at the library! Stop in for weekly prizes and snacks, mess around with old video games or movies, and look for a variety of challenges, games, crafts, polls, puzzles and more.

We'll also have a special quarterly event just for you! Check our website for the latest updates.

Better yet, join the Teen Advisory Board (TAB) and have your say in teen programs at the library. All programs are free.

WilsonvilleLibrary.org/teens

Teen Murder Mystery Event and Costume Contest

The 23rd Annual Teen Murder Mystery & Costume Contest returns to the library on Friday, Oct. 24, from 7-9pm! Mark your calendars for one of our most popular events. Prizes for best costumes AND most accurate murder mystery solutions!



ZINE RHYMES WITH SAY WHAT YOU MEAN WITH AUTHOR, CATHY CAMPER

Saturday, Nov. 15, 2-4pm. For students in grades 6-12.

Love to write, draw, comment, protest, rant, make jokes and otherwise express yourself? Join the author of the Lowriders series, Cathy Camper, making zines, small, self-published magazines. We'll cover a short history of what zines are, share some zinemaking tips, and examine zine other people have made. Then we'll use pens and paper, glue sticks, clip art, scissors, magazines, collage and a LOT of imagination, to create zines we can copy, publish and share!



LIBRARY ADULT PROGRAMS

Book Notes Concerts

The library stacks are alive with the sound of music! Join us for free concerts by local musicians by the large picture windows. Sponsored by the Friends of the Wilsonville Library.

Concerts on the 2nd Saturday of the month, from 2-3pm in the library.

Book Walk

Join us on a walk from the library to the deepest recesses of Memorial Park. We'll talk about books and what we have been reading over the hour.

Meets on the 3rd Thursday of the month at 1pm in the library lobby.

Tech Classes

Build your computer skills with these free classes. Subjects include computer basics, Gmail, Microsoft Word, and online job seeking. Visit our website for more information.

Meets weekly on Mondays at 11am in the Rose Room.

Space Talks

Docents from Evergreen Aviation and Space Museum present topical programs on the history and future of space exploration.

Talks on the 1st Saturday of the month, from 11am-12:30pm in the Oak Room.

Adult Murder Mystery Event

Come in costume for this annual event for adults in October! Prizes for solving the mystery and best costume. Light snacks and non-alcoholic beverages will be served.

More details available at: www.wilsonvillelibrary.org/mystery.

Saturday, Oct. 25, 7-9pm.

Genealogy Club

Join a growing group of genealogists of all levels from the Wilsonville area to discuss genealogy tips, tricks, and research. These discussions are informal in nature and are moderated by Librarian Malia Laughton. New members welcome!

Meets on the 3rd Monday of the month, from 1-2:30pm in the Oak Room.

ODHS Drop-In Assistance

Need assistance paying for food or childcare? Are you looking for health coverage? ODHS (Oregon Department of Human Services) may be able to help you! Meet a representative at the library.

Meets weekly on Tuesdays from 10am-12pm & 1-3pm in the Rose Room. No Charge.

Sign up for email reminders of every special library event for adults.
Register through the library website:
WilsonvilleLibrary.org/subscribe

Find Your Artistic Side

ART FOUNDATIONS

Mondays Sept 29 - Oct
27

10am - 11:15am

Wilsonville Community
Center

18+

Fees: \$60

Instructor: Jenny Read
Stout

Course #11634

Do you love art, but are not sure how to talk about it? Do you want to make art, but are not sure where to start? Come join for Art Foundations! Geared toward adult beginners and those new to art, this class will provide a deeper understanding of the foundations of visual art in a supportive environment. We will discuss elements of art, principles of design, color, and connections to classic and contemporary art. We will also engage in visual exercises using pens and other mark-making materials.



OIL PAINTING WITH JUDY STUBB

Join Judy for this step-by-step oil painting class done in the Bob Ross style of wet-on-wet paint. This class takes beginner to seasoned painters from a blank canvas to a finished painting in one class.

Location: Parks and Rec. Admin Building | **Ages:** 12+ | **Cost:** \$50 per course

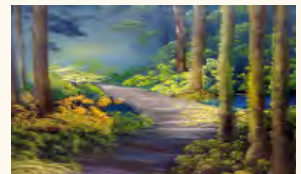
Tuesday Classes 5:30-9 pm

Date: 9/2 - Sunlit Path | Course #: 11609

Date: 10/7 - Hazy Day | Course #: 11610

Date: 11/4 - At Dawn's Light | Course #: 11611

Date 12/2 - Harvest Moon Mountain | Course #: 11612



Saturday Classes 10 am-2 pm

Date: 9/20 - Multnomah Falls | Course #: 11613

Date: 10/18 - Aurora Borealis | Course #: 11614

Date: 11/22 - Magnolia Blossom | Course #: 11615

Date 12/20 - Mount Adams at Sunset | Course #: 11616



Images of each painting may be found at wetpaints.net



2025 WILSONVILLE FESTIVAL *of the* ARTS @ CHARBONNEAU

FINE ART GALLERY
STUDENT ART GALLERY
ARTISAN GIFT SHOW
OPENING NIGHT GALA
& SILENT AUCTION

Charbonneau Country Club
32000 SW Charbonneau Dr
Wilsonville, OR 97070

*Arts
with
Flair*

41st Annual

Fri Oct 10: 5:00-9:00 pm

Sat & Sun Oct 11-12: 10:00 am-4:00 pm

in partnership with

Wilsonville
Spokesman



CHARBONNEAU
Country CLUB



CLACKAMAS COUNTY
CULTURAL
COALITION

WWW.CHARBONNEAUARTS.ORG

Charbonneau Arts is a 501(c)(3) non-profit organization. All proceeds from our annual festival benefit the arts programs at Wilsonville and Canby High Schools.

Macramé Rainbow Workshop

Cost: \$50 Location: River Shelter, Memorial Park

In this beginner workshop with 'A Branch & Cord', explore color, play with fiber and create your very own unique rainbow wall hanging. Attendees will be able to choose from 10 different colors at the workshop. You will be introduced to a fun hand-wrapping and shaping rainbow workshop where you can create your own fiber rainbow. Working with cotton rope, a variety of colorful yarns, and a few additional tools and supplies, you'll be supplied with everything needed to make a 7x7" fiber rainbow to hang on your wall to brighten any space. Learn the insider tips and tricks for a neat and secure wrap and finished assembly. Once you master wrapping, the sky's the limit to the shapes and objects you can make. No prior experience is needed for this workshop, just a spirit of creativity!



Sat. Sept. 20, 10am - noon

Ages 16+

Course # 11635



STAINED GLASS WORKSHOPS



CLASSES TAUGHT BY WILLIAM REICHLE OF HYPMATIZARISM GLASS

*ALL MATERIALS PROVIDED

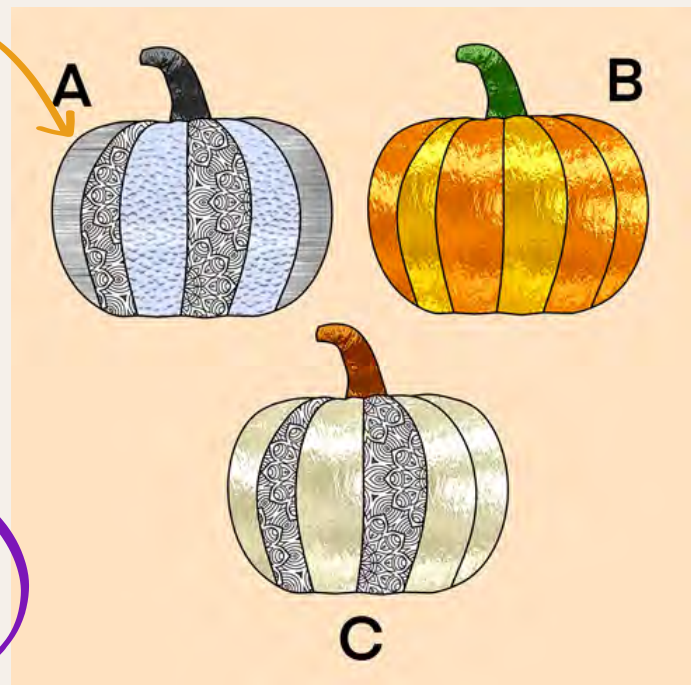
*ALL CLASSES HELD AT PARKS AND RECREATION ADMIN. BUILDING

All workshops cover the Tiffany method of foiling. Participants will gain guided experience with soldering technique, learn how to frame with lead came, attach O-rings, and clean and polishing stained glass. Students will receive and work with a pre-cut and ground glass kit of the specific design they select (A, B, or C). Class times may run over depending on individual pace.

3 HOUR CLASS - POSH PUMPKIN (\$98)

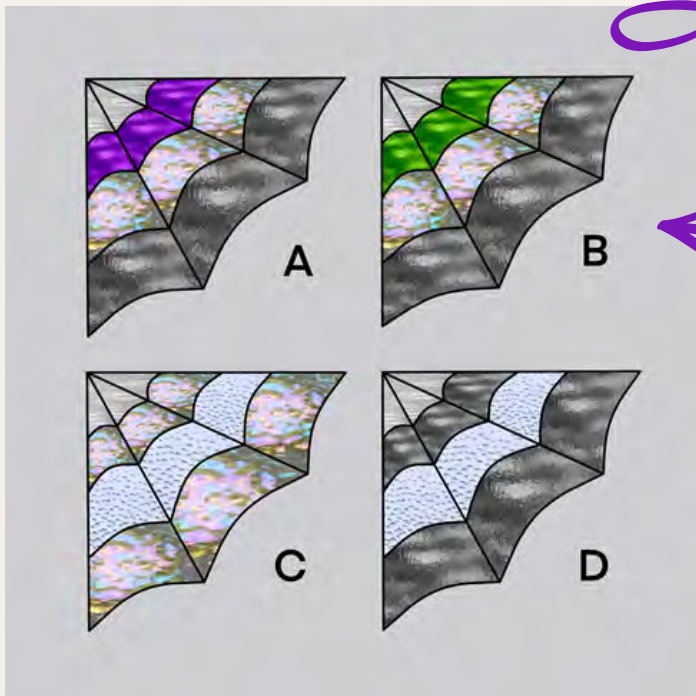
Session I: Tues 9/30, 5:30 pm - 8:30 pm, #11630

Session II: Fri 10/31, 10 am - 1 pm, #11632



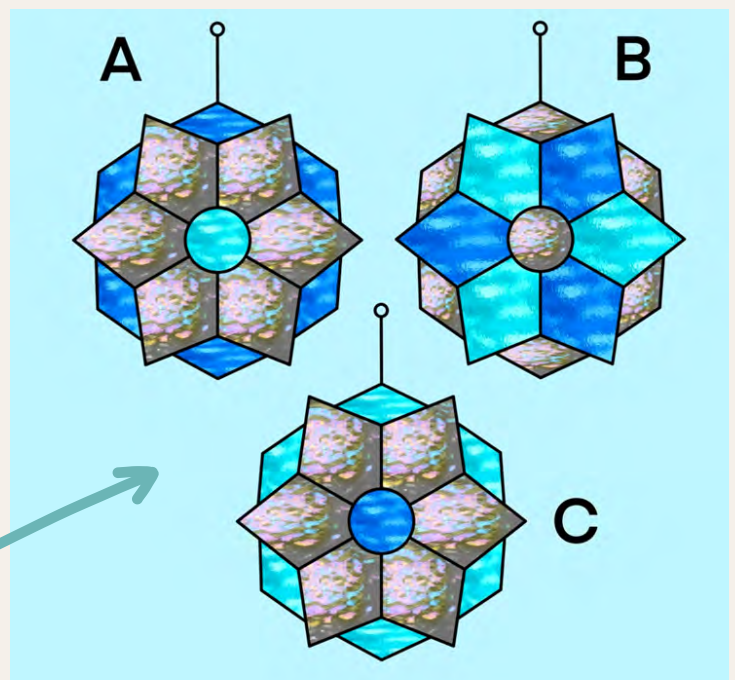
4 HOUR CLASS - ITSY BITSY SPIDER WEB (\$104)

Thurs 10/30, 5:30 pm - 9:30 pm, #11631



4 HOUR CLASS - SNOWFLAKE (\$104)

Fri 12/5, 5:30 pm - 9:30 pm, #11633





Baking with Sam



Sourdough Bread at Home

Wednesday 9/17 | 6-8:30 pm | \$58 | Course #: 11641
Community Center | 16+

Learn the basics of sourdough baking at home. Participants will learn how to shape, fold and score a loaf, how to take care of your starter, and what to do with leftover starter. You'll take home a strong sourdough starter, a loaf to bake at home, a packet of recipes and a proving basket! (Please bring a small jar or container to take your starter home as well as a bowl for your dough!)



Charcuterie Workshop

Fri November 7th from 5:30 - 7:00pm

Community Center - \$88 - Ages 16+
Course #11645

Join us and learn how to create a beautiful charcuterie board with owner of Gather & Give, Terena Wollons, that will be sure to elevate your entertaining game. Participants will gain insights into balancing flavors, textures, and presentation; ensuring your creations are both aesthetically and palate pleasing. You'll receive step by step instruction and guidance, receive styling tips, and take home a thank-you gift. All ingredients and supplies that are needed to create your take home charcuterie board will be provided.





• Sat. October 25th • Cozy Fall Cake Club



Hey Boo – let's decorate! Unleash your inner cake artist with fall flavors, fun piping tips and seasonal sweets! We will get our fall vibe on and learn how to decorate an adorable Halloween cake and festive pumpkin cupcakes that will WOW your family and friends. Kayla from Cakes X Kayla will be teaching different types of piping techniques and decorating skills. You will leave with a fully decorated Halloween themed 6-inch cake and a half dozen sweetly piped pumpkin cupcakes! We will have fun festive music and a cute photo booth to show off your amazing creations! Participants will go home with a 6-inch chocolate cake, half a dozen pumpkin spice cupcakes and a goodie bag from Kayla!

*Unfortunately, no GF or DF options

*Registrants between the ages of 14 & 15 must also be registered with an adult. Both people must register.

Sat. 10/25 from 10am – 11:30am
Wilsonville Community Center
\$80/per person
#11629
Ages 14+



. Sat. December 13th. Merry Little Cake Club



Learn the art of festive frosting and cake decorating techniques while creating your own holiday masterpieces! We will be decorating a 6-inch reindeer cake and a half dozen holiday themed cupcakes! You will leave with sweet treats, confidence and a specially curated goodie bag by Kayla. Let's get merry and master the magic of holiday baking! Participants will go home with a 6-inch chocolate peppermint reindeer cake and half a dozen holiday cupcakes.

*Unfortunately no GF or DF options available for this class.

*Registrants between the ages of 14 & 15 must also be registered with an adult. Both people must register.

Sat. 12/13 from 10am – 12pm
Wilsonville Community Center
\$80/per person
#11636
Ages 14+



Barre Tone

Community Center

Ages 18+

Tuesdays from 5:45pm - 6:45pm

\$85 Per Session

Barre Tone is a full body workout that improves your range of motion, posture and builds muscle. It's not just for the ladies or ballerinas! Barre is an athletic workout for all that uses inspiration from dance, pilates and yoga to boost your overall fitness. It's a great companion to your overall fitness plan, helping you reach the areas that many other activities miss. You'll leave class feeling recharged and aligned.

Session I Tues 9/2 - 10/28 (no class 9/23), Course #11643

Session II Tues 11/4 - 12/23, Course #11644



BODY SCULPT

WITH JULES MOODY

Strengthen and tone all muscle groups in this eight week full body, non-impact class. Mix it up weekly using hand weights, bands, and stability balls as we move to get stronger! Modifications and varying weights (2-12lbs) available, so the class is suited to ALL fitness levels as you progress. Encouraging environment, fun people, and fun music...come join! Bring exercise mat and water. Ages 18+

Mondays, 6-7 pm at the Community Center

Session I: 9/8 - 10/27

Cost: \$79

Course #: 11589

Session II: 11/3 - 12/15

Cost: \$69

Course #: 11590

10% discount
when you
register for
both sessions
at once

CORE, FLOOR & MORE + STRETCH

WITH JULES MOODY

Does your body need some focused attention on balance, core strength and stretching? YES---and this is the class for you! We will start with standing work and then spend the majority of class down on the mat working all body parts, no equipment! Improve posture and create long and strong muscles in this slower paced but challenging hour, finishing with relaxing stretch. Come join us! A great addition to the Monday evening body sculpt class or great on its own for a midweek tune up! Encouraging atmosphere, fun people (great for men and women) and tunes! Bring exercise mat and water. Ages 18+

Wednesdays, 6-7 pm at the Community Center

Session I: 10/8 - 12/17 (no class 11/26)

Cost: \$99

Course #: 11591



Soul Flow yoga

Experience a 60 minute mindful and engaging movement with Soul Flow for all levels. Cultivating peace, calm, and confidence within your movement practice and in life. Awareness of the mind-body connection and quieting the nervous system. Create new muscle memory patterns in the body with a series of poses followed by relaxing in a self-nurturing savasana. Bring your own mat.



Ages 13+

Time: Tues. 7:15-8:15 pm
Location: Community Center

Session I

Date: Tues. 9/9 - 10/28
Course #: 11622
Cost: \$85

Session II

Date: Tues. 11/11 - 12/16
Course #: 11623
Cost: \$64



Restorative yoga

Take care of self. Slow down, rest the mind, and nurture the nervous system with Restorative yoga. This 60 minute evening class for All Levels will bring you from action to stillness, Allowing for your physical and subtle body to catch up. this class will help you Create a space of stillness, where you can receive the clarity of your own soul's wisdom and self-love. Settle in with guided meditation followed by intentional time in supportive resting poses. Props are provided. bring your own mat.



Ages 13+

Time: Thurs. 7:15 pm-8:15 pm
Location: Community Center

Session I

Date: Thurs. 9/11 - 10/30
Course #: 11624
Cost: \$85

Session II

Date: Thurs. 11/13 - 12/11
(no class 11/27)
Course #: 11625
Cost: \$43

Tai Chi with Ulises

Beginning Tai Chi

Begin your journey of self improvement with Yang style Tai Chi. Improve balance, flexibility, memory, and mindfulness while learning the first section of the 108 form and a variety of Qi-Gong and warm-ups.

Time: 2 - 2:45 pm

Location: Community Center

Session I

Date: Tues. and Thurs.
9/30 - 11/20
Cost: \$80

Course #: 11637

Session II

Date: Tues. and Thurs.
12/2 - 12/16
Cost: \$36

Course #: 11638

Tai Chi Continuing

Continue your journey in the Tai Chi 108 form. More advanced movements and exercises to explore the inner mechanics of the 108 form. Find and push the limits of your body and mind to find the calm of moving meditation. Requires instructor approval for advancement to this course.

Time: 3 - 4 pm

Location: Community Center

Session I

Date: Tues. and Thurs.
9/30 - 11/20
Cost: \$80
Course #: 11639

Session II

Date: Tues. and Thurs.
12/2 - 12/16
Cost: \$36
Course #: 11640



**Can't commit for the entire session?
Drop in for \$10**

HEALTHY BONES AND BALANCE

BRAD MOORE

Designed to strengthen all elements of your body combining circuit training, strength conditioning, aerobic fitness, flexibility, and balance. The instructor uses evidence-based exercise strategies with the goal of improving bone density and decreasing the likelihood of a fall or an injury. This class will help you get on track to a stronger and healthier you. Most likely a good fit for participants 55 and older.

Days: Mon, Wed & Fri 8:30 - 9:20 am Community Center Cost: \$75

Session I

9/15 - 10/29

Course #: 11601

Session II

11/3 - 12/19

Course #: 11602

ADVANCED HEALTHY BONES AND BALANCE

BRAD MOORE

Similar to "Healthy Bones and Balance" but this advanced version will incorporate a higher level and more intense aerobic and cardiovascular element. Designed to strengthen all elements of your body combining circuit training, strength conditioning, aerobic fitness, flexibility, and balance. Most likely a good fit for participants 55 and older.

Days: Mon, Wed & Fri 9:30 - 10:20 am Community Center Cost: \$75

Session I

9/15 - 10/29

Course #: 11603

Session II

11/3 - 12/19

Course #: 11604

WILSONVILLE COMMUNITY CENTER

Ongoing Activities

MONDAY

- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Chicago Bridge, 1-4pm
- Mexican Train Dominoes, 1-4 pm



WEDNESDAY

- Photography Club, 10-11:30 am
- Sit, Stand, and Be Fit, 11-11:45 am
- Lunch @ the Center, 12 pm
- Pinochle/Cribbage Play, 1-4 pm
- Bingo, 1-2 pm
1st & 3rd Wednesday of the month
- Book Club, 1-2 pm
Last Wednesday of the month

FRIDAY

- Conversational Spanish Group, 10:30-11:30 am
- Sit, Stand, and Be Fit, 11-11:45 am
- Bridge Group Play, 11:30 am-3 pm
- Lunch @ the Center, 12 pm
- Mexican Train Dominoes, 1-4 pm



TUESDAY

- Wilsonville Walkers, 9:30 am
See the WCSI Gazette for the schedule
- Ukulele Jam Group, 9:30-11:30 am
Parks & Rec Admin Bldg
- Piecemakers Quilting, 9-2 pm
Tauchman House
- Lunch @ the Center, 12 pm
- Partners Bridge, 12:30-3:30 pm
Call 503-449-5855 to sign up
- Virtual Reality Fitness, 1-2 pm
- Poetry Club, 1-3 pm
1st & 3rd Tuesday of the month
- Art Club, 1-2:30 pm
2nd Tuesday of the month

THURSDAY

- Wilsonville Walkers, 9:30 am
See the WCSI Gazette for the schedule
- Improving your Bridge, 10-11:30 am
Basic Bridge knowledge required
- I-5 Connection Group, 10 am-12 pm
- Ladies Afternoon Out, 1-3 pm



Nutrition Program and Social Services

at the Community Center

Nutrition Program

You are invited to lunch at the Community Center every Monday, Tuesday, Wednesday, and Friday. Lunch is served at noon. Donations (\$3.50 for those 60 and over or \$4.25 for those under 60) are encouraged but not required.

UPCOMING THEMED MEALS

THANKSGIVING DINNER - NOVEMBER 26

HOLIDAY MEAL - DECEMBER 23

**FOR SPECIAL THEMED MEALS,
PLEASE CALL 503-682-3727
TO RESERVE YOUR SPOT.**

Do you know a senior who is homebound or is recuperating from an illness and needs a meal? The Home Delivered Meal Program provides daily weekday meals. There is no charge for this service but donations are gladly accepted. To determine eligibility and to register for the program please call 503-570-1526.

Social Services

Sadie Wallenberg, the Center's Information and Referral Specialist, can provide assistance to seniors 60+ and their families in connecting with local and community resources in Clackamas County including energy assistance, legal aid, case management, support groups, transportation, and help with Medicare/Medicaid. She can also help find affordable housing, assist with placement in assisted living facilities, and refer to reputable companies for home maintenance and home health services.

A medical equipment loan program is also available which provides medical equipment (wheelchairs, walkers, etc.) free of charge for loan.

Sadie Wallenberg, MSW
503-570-1526



Community Center Book Club



Join a monthly book discussion facilitated by a Wilsonville Public Librarian with a different title each month. Bring your library card to check out the next month's title!

1:00PM – 2:30PM

DROP-IN GROUP

AUGUST 27: THE SWEETNESS OF WATER BY NATHAN HARRIS

SEPTEMBER 24: RADIIUM GIRLS BY KATE MOORE

OCTOBER 29: DEACON KING KONG BY JAMES MCBRIDE

NOVEMBER 26: DEFENDING JACOB BY WILLIAM LANDAY

DECEMBER 17: THE ANTIDOTE BY KAREN RUSSELL



RIDEWISE TRAVEL TRAINING PROGRAM

Join Ride Connection and SMART to learn about safe, independent travel for older adults, people with disabilities, and English Language Learners at no cost.
All events meet at the Community Center.

Learn about TriMet's and SMART's transit system in a classroom setting.

Bring your phone to practice trip planning.

Classroom Trainings

Date: Mon. 9/15 or 9/29
Time: 10:30 am-12 pm

- Group adventures
- are designed to
- help participants
- feel comfortable
- with the transit
- system in a social
- and relaxed
- environment.
-
-

Lunch Outing*
to
Portland Farmers Market

Date: Wednesday, 10/8
Time: 10:15 am-2:15 pm
Meet at the Community Center

Participants to purchase own lunch.

**If you have attended a previous classroom training, you can register for the lunch outing.*

To register call 503-682-3727

For more information, call
Angie Mitlehner at 503-528-1768



SMART
SOUTH METRO AREA REGIONAL TRANSIT



Ride
CONNECTION

Sit Stand and Be Fit

with Kate

The Sit, Stand and Be Fit class is designed for older adults and anyone needing slow gentle movements. Using the chair, it focuses on resistance training and cardio to give you a total body workout without being on your feet. It focuses on improving core strength, flexibility, balance, coordination, circulation, and reaction time. Standing options available for those who are able.

A variety of light-hearted music combined with fun rehabilitative movements make this a good middle-of-the-road full body workout.

The class is sure to lift your spirits and put a smile on your face!

Mon. Wed. and Fri ongoing

Community Center at 11:00 am

\$1 fee



PREPARING FOR THE FUTURE...

All lectures are offered at no charge and presented at 10:30 am at the Wilsonville Community Center. Call 503-682-3727 to reserve your spot.

Medicare 101

A representative of NW Medicare Advisors will share the basics of Medicare including what to expect when turning 65 or qualifying on the basis of disability, Medicare advantage, Medicare supplement overview or help with prescription drugs, or other programs available.

September 9 October 14 October 28 November 4 November 18 December 9

Long Term Care

A representative of Rose Elder Law will present the workshop centered around Medicaid planning, preserving and protecting assets, and veteran's benefits.

October 6 December 1

Estate Planning

A representative of Rose Elder Law will present the workshop centered around estate planning basics such as wills, trusts, probate, powers of attorney, advance directives, and Medicaid Planning.

November 3

WILSONVILLE COMMUNITY SENIORS INC

Tea, Dessert and Conversation Party

SATURDAY,
SEPTEMBER 27TH

1:30 - 3:30 PM
COMMUNITY
CENTER

RESERVE YOUR PLACE BEGINNING
TUESDAY, SEPTEMBER 2 AT 9:00AM
CALL OR VISIT THE COMMUNITY CENTER



WILSONVILLE COMMUNITY SENIORS INC

HOLIDAY PARTY

SIGN UP
AVAILABLE
NOV 10 - DEC 8
*SPACES
ARE LIMITED

WEDNESDAY, DECEMBER 10
1:00-3:00 PM
COMMUNITY CENTER

TEAM TRIVIA GAME CRAFTS HOLIDAY MUSIC

GIFT EXCHANGE - IF YOU PLAN TO PARTICIPATE,
PLEASE BRING A SMALL WRAPPED PRESENT (\$5-\$10 PRICE RANGE)

NO CHARGE
PRE REGISTRATION IS REQUIRED

CALL OR VISIT THE COMMUNITY CENTER
TO ADD YOUR NAME TO THE LIST



COMMUNITY

SUPPORT GROUPS & CLINICS

Alzheimer's Support Group 2nd Tuesday of the Month 1-2:30 pm

This group will provide support, education, and community for those who are caring for a person diagnosed with some form of dementia, such as Alzheimer's disease. Participants are encouraged to share their journey, knowledge, and questions. Meetings will take place at the Charbonneau Activity Center (32000 SW Charbonneau Drive) in the Kalapuya Room. Contact Sadie Wallenberg at 503-570-1526 for more information.

Grief Support Group Thursdays 10/23 -11/20 1-2:30 pm

This five week group based at the Wilsonville Community Center will focus on bereavement education, resources, and the opportunity to share your grief journey. There will be workbooks provided at no cost. Ed Nelson, CT and group facilitator, has led support groups for over 25 years and is an excellent guide through the wilderness of grief. Please contact Sadie at 503-570-1526 to register for this free group.

Foot Care Clinic 3rd Tuesday, Wednesday & Thursday of the Month - by appointment

Appointment includes nail trimming (including ingrown nails), filing down corns and calluses, massage and nursing advice, as needed. Foot care is especially important for individuals with diabetes, poor circulation, neuropathy, and decreased vision. \$40 at the time of service - cash/check only. Please bring two towels to your appointment. Call 503-682-3727 to schedule your appointment.

REGISTRATION INFORMATION

REGISTER ONLINE AT WILSONVILLEPARKSANDREC.COM

REGISTRATION INFORMATION

- Participants may register online, in person, or by mail with cash, check, or card.
- Phone registrations accepted only when specified in course description.
- A minor may only be registered by their parent or legal guardian.
- Registrations are accepted on a first-come, first-served basis.
- Classes may be cancelled due to low enrollment up to one week in advance, those registered will be notified via phone and/or email.
- We strongly encourage participants to register early in order to avoid class cancellations.

REFUNDS & CANCELLATIONS

- 100% refund if the City of Wilsonville cancels the class.
- Prior to the first class, you may request a 100% refund minus a \$5.00 administrative fee.
- One week's notice of cancellation is required in order to receive a refund for a summer camp. If notified within less than week, a credit will be issued.
- After the first session of a class, you may request a credit for a future class minus a \$5.00 admin fee.
- After the second session of a class, credits for a future class may be granted only for illness or medical reasons (at the discretion of the Director), no refunds will be given.
- Credits are non refundable once issued and must be used prior to June 30 of the same year.
- All community programs follow Wilsonville/West Linn School closures. If the schools are closed due to inclement weather, scheduled community classes and events will be cancelled.

INCLUSION STATEMENT

The City of Wilsonville strives to make programming options available to all of our citizens. If you require special accommodations to participate, please call 503-783-PLAY. The City will try to make reasonable accommodations to assist you. Please contact us two weeks prior to the start of the program so we can evaluate your request.

PARKS AND RECREATION ADVISORY BOARD

Amanda Aird, Bill Bagnall, Kristi Corno, Paul Diller,
Keith Gary, Amanda Harmon, John West

Beltran Properties, where clients are like family!

BELTRAN

PROPERTIES GROUP

What's Your Inspiration?



Led by Jaimy Beltran, a seasoned real estate professional in Portland since 2007, Beltran Properties Group is all about a personal, client-focused approach!

We genuinely care about building authentic, long-term relationships and prioritizing our clients' needs. With Jaimy's proven experience and a dedicated support team, we ensure every home-buying or selling experience is smooth and stress-free. You can count on us to be there for you every step of the way, guiding you through your real estate journey.

Ranked among Portland's top Realtors, Jaimy's leadership cultivates a team united by collaboration and shared values. Our commitment extends beyond real estate; we're dedicated to giving back through volunteer efforts and event sponsorships, making a lasting difference in the communities we serve. In 2015, Jaimy was named "Wilsonville Citizen of the Year" by the Rotary Club of Wilsonville. Jaimy is also a current member of the Rotary, which includes an upcoming term as the President of the Club. He has been an active board member of the Wilsonville Chamber of Commerce since 2018, including two consecutive terms as Board Chair. Jaimy is also a past member of the Wilsonville Kiwanis Club. We don't just guide clients through buying or selling a home—we help create lasting connections within those communities, and we invite you to be a part of this impactful journey.

Jaimy Beltran - Inspired by You



Jaimy Beltran
Broker/Owner of
Beltran Properties Group



BeltranProperties.com

Se Habla Español



29781 SW TOWN CENTER LOOP W #800 WILSONVILLE, OR



503.502.3330